



♄ Capricorn

♆ Neptune	in	♄ Capricorn	12°02'17"
♇ Pluto	in	♏ Scorpio	17°05'35"
♁ Chiron	in	♋ Cancer Rx	13°48'48"
♁ NNode	in	♒ Aquarius Rx	18°26'06"
♁ Lilith	in	♏ Scorpio	6°27'50"

#### NATAL PLANETS

☉ Sun	in	♉ Taurus	25°38'16"	XI
☾ Moon	in	♉ Taurus	29°42'46"	XI
☿ Mercury	in	♊ Gemini	11°58'12"	XI
♀ Venus	in	♈ Aries	15°25'00"	X
♂ Mars	in	♐ Sagittarius	14°27'19"	V Rx
♃ Jupiter	in	♍ Virgo	26°10'12"	III Rx
♄ Saturn	in	♉ Taurus	2°04'36"	X
♅ Uranus	in	♎ Libra	0°04'09"	III Rx
♆ Neptune	in	♏ Scorpio	27°23'30"	V Rx
♇ Pluto	in	♍ Virgo	22°29'00"	III Rx
♁ Chiron	in	♈ Aries	5°40'23"	IX
♁ North Node	in	♓ Pisces	27°25'37"	IX Rx
♁ Lilith	in	♋ Cancer	7°08'35"	XII

#### KEY TRANSIT FACTORS

##### ♂ Mars ☍ Opposition ♃ natal Mercury · peak 4 Jan ★

Your thinking becomes **reactive and argumentative** while this lasts, making you quick to contradict others or jump to conclusions without listening first. You may find yourself in more conflicts at work or at home because you're speaking faster than you're thinking, and people react badly to your bluntness. The psychological cost is real: you feel frustrated that no one understands your point, when really the problem is you're not giving yourself time to explain it clearly.

##### ♂ Mars △ Trine ♀ natal Venus · peak 9 Jan ★

Right now you find it much easier to **ask for what you want** without feeling guilty or defensive about it. Your social confidence is naturally higher, and people respond well to the directness and warmth you're putting out. Over these coming weeks, you might notice yourself saying yes to invitations or making plans you'd normally hesitate about, and things tend to go smoothly when you do.

##### ♁ Chiron ∟ Semi sextile ♃ natal Mercury · peak 29 Jan

These days you find it easier to **explain things that usually confuse people**, because you naturally spot where someone's understanding breaks down. Your words feel clearer and more helpful, and conversations that might have turned into arguments instead become real problem solving. While this lasts, you're picking up on what others actually need to hear rather than just saying what comes to mind first.

##### ♃ Jupiter \* Sextile ♄ natal Saturn · peak 27 Jan

Right now you find it easier to **follow through on commitments** without feeling weighed down by them. *Jupiter* is supporting your *Saturn*, which means you can take on real responsibility and actually enjoy the structure instead of resenting it. Over the coming weeks, you'll notice that planning ahead and sticking to deadlines feels less like a burden and more like something that works in your favor.

##### ♆ Neptune ☿ Quincunx ♃ natal Mercury · peak 1 Jan

Over the coming weeks, you may find your thinking becomes **less direct and harder to organize** than usual. You might struggle to explain your ideas clearly to others, or notice that conversations wander off track more easily. This isn't permanent—it's just *Neptune* softening your usual mental sharpness, so patience with yourself during this period will help you move through it.

##### ♅ Uranus □ Square ♁ natal Chiron · peak 1 Jan

Right now you are likely feeling **restless about old wounds** that you thought you had worked through. Your usual coping methods for psychological pain are not working the way they normally do, which can feel frustrating and unsettling. Over the coming weeks, you may need to experiment with entirely new approaches to your emotional recovery instead of relying on what has always felt safe.

#### ♄ Saturn ☐ Square ♀ natal Venus · peak 1 Jan

Right now you feel **withdrawn and critical** about your relationships, noticing flaws that bother you more than usual. People may seem demanding or disappointing, and you're less interested in socializing or physical affection during this period. This temporary hardness comes from *Saturn* pressing on your *Venus*, making emotional closeness feel like work rather than pleasure.

#### ♃ Jupiter ☐ Square ♁ natal Chiron · peak 1 Jan

Right now your **tendency to overestimate what you can fix** is causing real friction in your relationships and work. You are pushing too hard to solve problems that belong to other people, and they are pulling back or getting annoyed with your interference. Over the coming weeks, you will need to learn where your actual limits are by running into them repeatedly.

#### ♁ Chiron ☐ Quincunx ♂ natal Mars · peak 1 Jan

Right now you're noticing that your usual way of pushing forward doesn't feel quite right, and small physical frustrations keep showing up where you'd normally feel confident. Your body might feel slightly off-beat with what your mind wants to do, making you **more aware of how you move and act** than usual. Over the coming weeks, this mismatch between intention and execution can actually help you spot habits that have been holding you back if you pay attention to what feels clunky.

#### ♄ Saturn ∠ Semi sextile ♂ natal Mars · peak 1 Jan

Right now you're noticing that your efforts produce real results without requiring you to push as hard as usual. **You're working more efficiently**, and tasks that normally frustrate you feel manageable because you're approaching them with more patience than typical. Over the coming weeks, this steady support from *Saturn* to your *Mars* makes it easier to follow through on commitments without burning out.

#### ♆ Neptune ∠ Semi sextile ♂ natal Mars · peak 31 Jan

Right now your usual drive to act is softened by a gentler, more intuitive approach to what you want. You find yourself **listening to your gut before charging ahead**, which actually helps you avoid wasted effort and see better options. Over the coming weeks, this combination of *Neptune* and *Mars* lets you pursue your goals with less force and more imagination, making your efforts feel easier even when you're working hard.

#### ♁ NNODE \* Sextile ♀ natal Venus · peak 31 Jan

You find it easier right now to connect with people in genuine ways and speak up about what matters to you socially. Your **natural warmth and openness come across more clearly**, and others respond positively to this shift in how you show up. Over the coming weeks, this period supports making new friendships or deepening existing relationships without the usual awkwardness or second-guessing.

#### ♁ Chiron ☐ Square ♀ natal Venus · peak 1 Jan

You may feel rejected or inadequate in your relationships right now, picking up on small slights and interpreting them as proof that you're not lovable. Your usual warmth and charm feel blocked, making it harder to ask for what you want or to enjoy physical affection without second-guessing yourself. Over the coming weeks, this discomfort pushes you to stop abandoning your own needs in order to keep people happy.

#### ♇ Pluto ☐ Quincunx ♀ natal Venus · peak 1 Jan

You feel oddly disconnected from what normally makes you happy, as though your usual pleasures have lost their appeal. Your social or romantic relationships may feel slightly off, making you wonder what has changed when nothing obvious has shifted. Over the coming weeks, you might notice yourself pulling back from people or activities you usually enjoy, until this uncomfortable mismatch eventually settles.

#### ♃ Jupiter ☐ Square ♃ natal Uranus · peak 31 Jan

You're feeling restless and impatient with your usual routines, and you're more likely to make sudden decisions without thinking through the consequences. **Your need for freedom is clashing with your responsibilities**, making it hard to stick to commitments or plans. Over the coming weeks, you may experience practical disruptions—cancelled plans, unexpected changes, or your own impulsive actions—that force you to rebuild some stability afterward.

#### ♃ Mercury Rx · ♄ Capricorn

Professional communications and career-related decisions are prone to misalignment right now. Contracts, applications, or plans that seemed finalized may need revisiting before they are acted on. The careful checking you do now prevents public errors later.

#### ♀ Venus Rx · ♒ Aquarius

The role of freedom and individuality in your closest relationships comes into sharp focus during this period. Connections that require too much compromise of your independence feel unsatisfying now. Use this time to clarify what you genuinely need in partnership rather than settling for what is available.

#### ♃ Jupiter Rx · ♋ Cancer

Emotional generosity and the expansion of close bonds may feel less available right now. Past connections, family relationships, or unresolved emotional commitments return to the foreground. Honest reflection on where your genuine care and loyalty are directed yields more than performing warmth you do not feel.

\* = natal resonance — this transit echoes your birth chart, amplifying its influence

## PROGRESSED MOON

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- Progressed Moon in ♋ Pisces 1.5° H8
- Progressed Moon \* Sextile ♄ natal Saturn

## LUNATIONS

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- Full Moon · Wednesday, 10 Jan

### in ♋ Cancer

emotional culmination, family matters, inner needs surface

### in H12 — Inner Life & Solitude

Something hidden is surfacing. This full moon illuminates **the private, unconscious, and carefully concealed aspects of your life** — old emotional patterns, self-sabotaging habits, or matters you've kept from even yourself. This is one of the most psychologically significant lunations and often coincides with a release of something that has been draining you in private. What comes to light now, though it may be uncomfortable, ultimately creates space for genuine renewal.

- New Moon · Saturday, 27 Jan Eclipse

### in ♒ Aquarius

innovation, social ideals, future direction

### in H7 — Partnerships

A significant new chapter in your one-on-one relationships is beginning. Whether in **romantic partnership, business collaboration, or important agreements**, this lunation plants seeds that will mature over the next six months. The people you meet or commit to now carry lasting significance. If you've been considering a serious conversation with a partner or are ready to formalize a collaboration, this is the most supportive moment to take that step.

## KEY DATES

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**Mon, 1 Jan** ☿ Uranus □ Square ♄ natal Chiron

♄ Saturn □ Square ♀ natal Venus

♃ Jupiter □ Square ♄ natal Chiron

**Mon, 8 Jan** ☿ Uranus □ Square ♄ natal Chiron

**Wed, 10 Jan** Full Moon in Cancer

**Wed, 17 Jan** ♀ Venus enters ♑ Capricorn

*Venus* in *Capricorn* makes people **slower to commit** but more serious once they do—you notice yourself caring less about flashy romance and more about whether someone actually shows up. At work and in friendships, this transit brings **direct conversations** about what you actually want instead of hinting around, and people generally respect the honesty. Money matters get **practical attention** too, so you're more likely to check your budget, delay impulse buys, and think about long-term value rather than what feels good right now.

**Sat, 20 Jan** ☼ Sun enters ♒ Aquarius

☿ Mercury stations Direct

*Sun* in *Aquarius* brings a **shift toward independence** and a stronger need to do things your own way instead of following the usual pattern. At work and in conversations, you'll **notice people speak up more** about ideas that feel different or go against what everyone expects. In relationships and friendships, **distance often increases** slightly as people pull back to focus on their own projects and interests rather than staying close to the group.

**Sat, 27 Jan** New Moon in Aquarius

♃ Jupiter \* Sextile ♄ natal Saturn

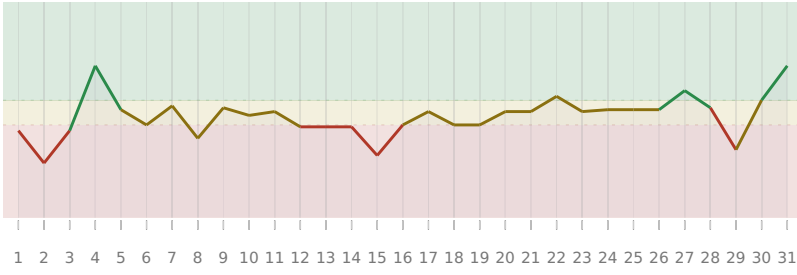
**Tue, 30 Jan** ♂ Mars enters ♑ Capricorn

*Mars* in *Capricorn* brings **steady focus** to work and long-term goals, so people tend to notice they can **stick with difficult tasks** without burning out or losing patience. In relationships and at work, this transit makes people more **direct and serious** about what they want, which often means fewer complaints and more straightforward conversations about practical problems. Over the next weeks, expect a shift toward **getting results** rather than starting new things—the energy works best on finishing projects and building something that actually lasts.

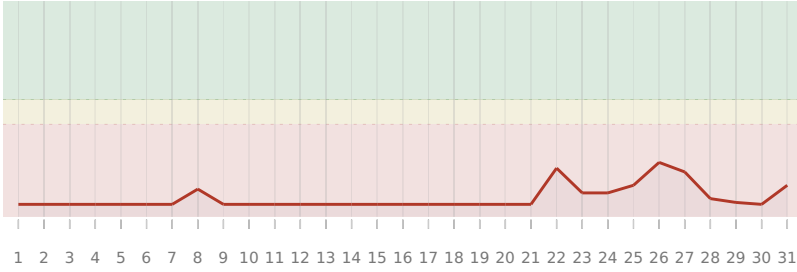
## AREAS OF LIFE

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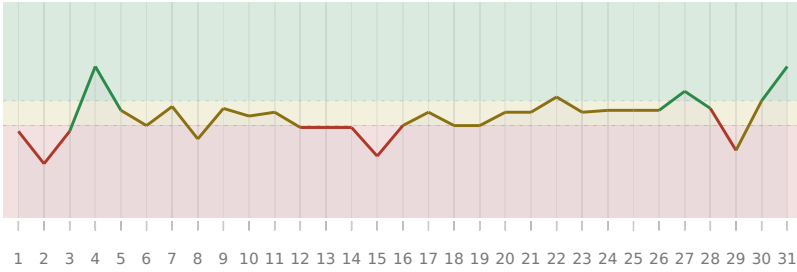
Love ★★★☆☆



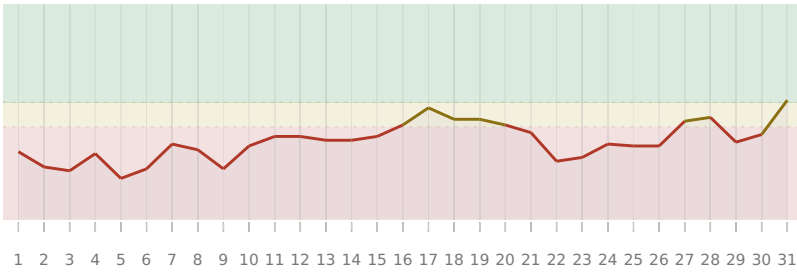
**Home** ▲ wait



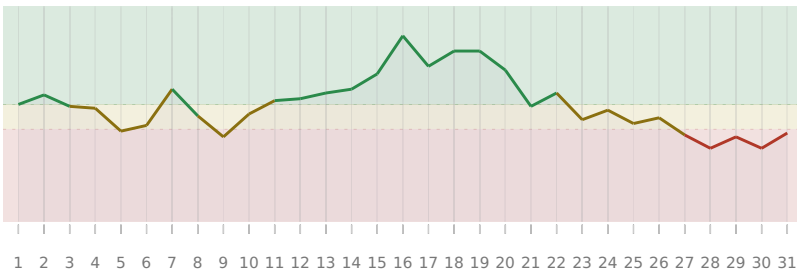
**Creativity** ★★★★★



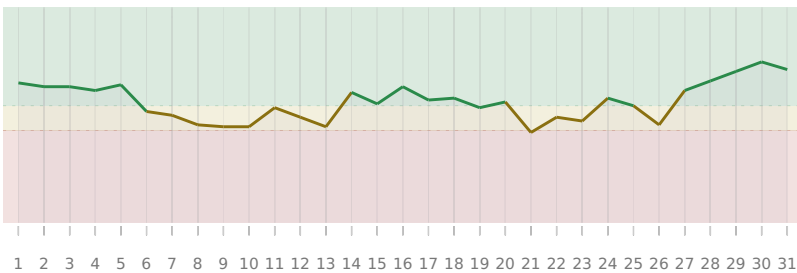
**Spirituality** ★★★★★



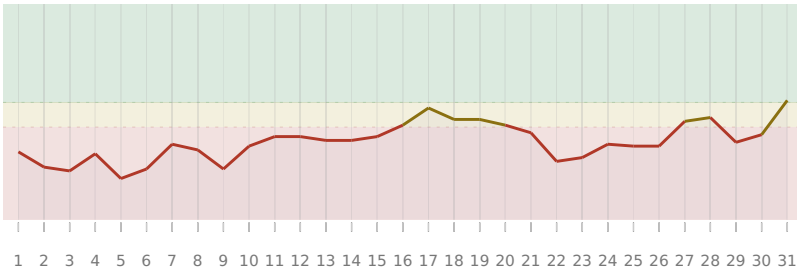
**Health** ★★★★★



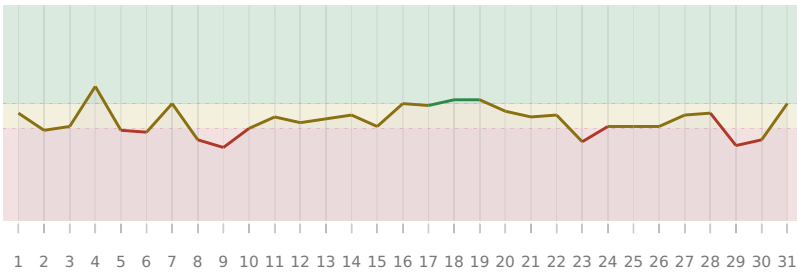
**Finance** ★★★★★



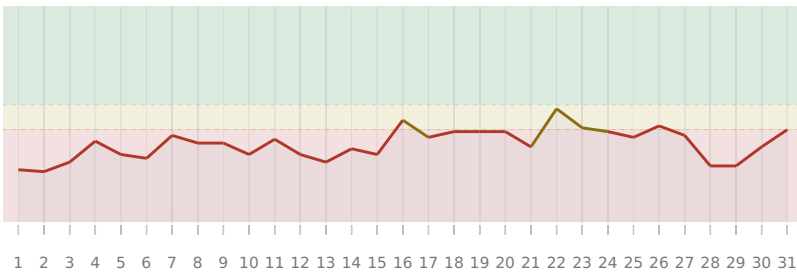
**Travel** ★★☆☆☆



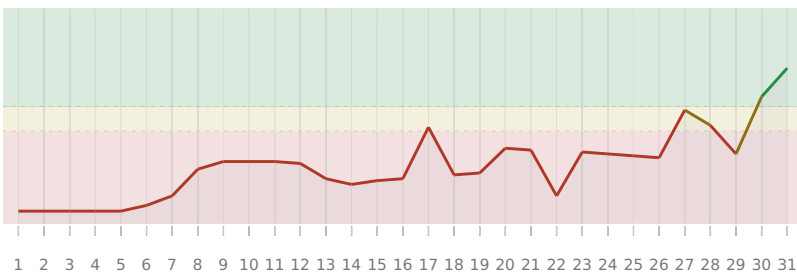
**Career** ★★★☆☆



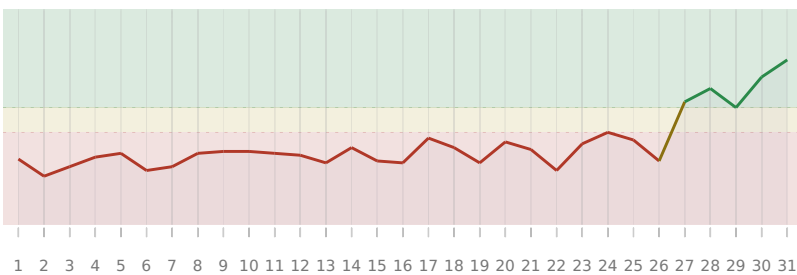
**Personal Growth** ★★☆☆☆



**Communication** △ wait



**Contracts** ★★☆☆☆



1 January - 31 January 1990

♃ Mercury Rx · ♀ Venus Rx · ♃ Jupiter Rx