Stellar ✦ Omens

Your stars, decoded

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Monthly Horoscope · Generated May 19, 2026

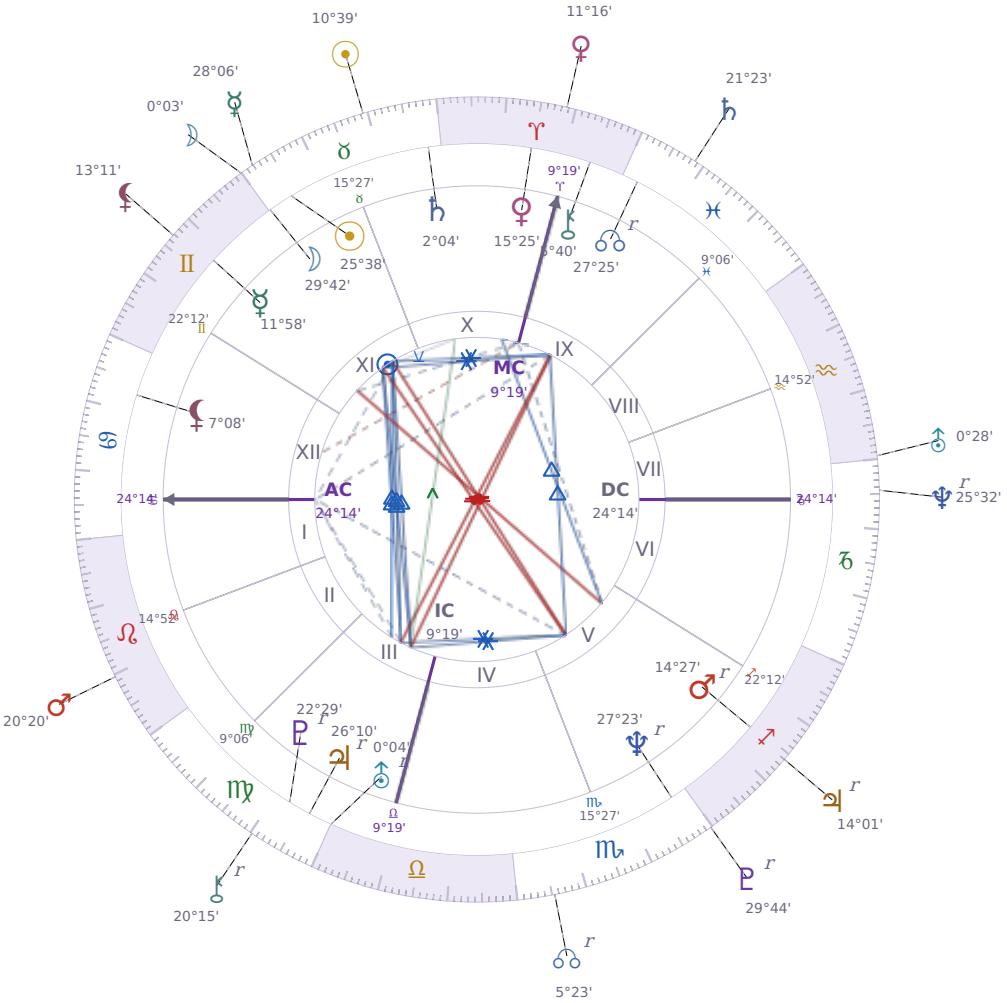
MONTHLY HOROSCOPE

Tucker Swanson McNear Carlson

American political commentator (born 1969)

♉ Taurus May 16, 1969 10:07 San Francisco

1 May – 31 May 1995



TRANSITS · 1ST OF MAY 1995

☉ Sun	in	♉ Taurus	10°39'20"
☽ Moon	in	♊ Gemini	0°03'25"
☿ Mercury	in	♉ Taurus	28°06'51"
♀ Venus	in	♈ Aries	11°16'12"
♂ Mars	in	♌ Leo	20°20'39"
♃ Jupiter	in	♐ Sagittarius Rx	14°01'35"
♄ Saturn	in	♓ Pisces	21°23'51"
♅ Uranus	in		0°28'06"

		♒ Aquarius	
♆ Neptune	in	♑ Capricorn Rx	25°32'49"
♇ Pluto	in	♏ Scorpio Rx	29°44'48"
⚷ Chiron	in	♍ Virgo Rx	20°15'33"
☊ NNode	in	♏ Scorpio Rx	5°23'10"
⚸ Lilith	in	♊ Gemini	13°11'21"

NATAL PLANETS

☉ Sun	in	♉ Taurus	25°38'16"	XI
☽ Moon	in	♉ Taurus	29°42'46"	XI
☿ Mercury	in	♊ Gemini	11°58'12"	XI
♀ Venus	in	♈ Aries	15°25'00"	X
♂ Mars	in	♐ Sagittarius	14°27'19"	V Rx
♃ Jupiter	in	♍ Virgo	26°10'12"	III Rx
♄ Saturn	in	♉ Taurus	2°04'36"	X
♅ Uranus	in	♎ Libra	0°04'09"	III Rx
♆ Neptune	in	♏ Scorpio	27°23'30"	V Rx
♇ Pluto	in	♍ Virgo	22°29'00"	III Rx
⚷ Chiron	in	♈ Aries	5°40'23"	IX
☊ North Node	in	♓ Pisces	27°25'37"	IX Rx
⚸ Lilith	in	♋ Cancer	7°08'35"	XII

KEY TRANSIT FACTORS

♅ Uranus △ Trine ☽ natal Moon · peak 31 May ★

You feel oddly comfortable with change right now, even when it comes suddenly. Your **emotional reflexes are fast** — you notice what you actually want instead of what you think you should want, and that clarity helps you make quick practical decisions. Over the coming weeks, people around you will probably notice that you seem more relaxed about shaking things up, whether that means rearranging your home, trying a different routine, or having honest conversations you've been putting off.

♅ Uranus ✶ Sextile ♆ natal Neptune · peak 31 May ★

You find yourself **more willing to experiment with creative ideas** that normally feel too risky or unconventional. Your intuition is working alongside practical thinking right now, so you can actually move forward on projects that blend imagination with real results. Over the coming weeks, you're likely to spot opportunities that others miss because you're comfortable holding two different perspectives at once.

♅ Uranus △ Trine ☉ natal Sun · peak 31 May ★

Over the coming weeks, you feel more willing to break your usual routines and try things differently without the anxiety that normally holds you back. You become **spontaneous and experimental** in how you approach your work, relationships, or personal projects, and these changes actually seem to work out well. *Uranus* trine your *Sun* gives you the confidence to be authentic and independent right now, so new opportunities show up when you stop forcing the old way of doing things.

☿ Mercury ☍ Opposition ♂ natal Mars · peak 14 May ★

Right now you're more likely to say things you regret, especially when someone disagrees with you or moves too slowly. Your **impatience with others' words and ideas** is heightened, making conversations feel combative even when they don't need to be. Over the coming weeks, watch for a pattern where you interrupt, argue about details, or push your point too hard instead of listening.

☉ Sun ☌ Conjunction ☽ natal Moon · peak 21 May ★

Your **emotional needs feel more visible to you right now**, and you're less willing to hide what matters to you. People pick up on this shift and may respond differently—some drawn closer, others put off by your directness. Over the coming weeks, you'll notice whether you've been keeping your real feelings locked away or letting them show naturally.

♀ Venus △ Trine ♂ natal Mars · peak 4 May ★

These days you find it easier to ask for what you want without coming across as aggressive or demanding. Your **natural confidence** is backed by genuine warmth, so people respond well when you take initiative in social or romantic situations. Over the coming weeks, this combination of directness and charm works in your favor, making it simpler to move forward on practical goals while keeping relationships smooth.

♇ Pluto ☍ Opposition ☽ natal Moon · peak 2 May

You feel **emotionally raw and defensive** right now, as though people are pushing you in ways that make you want to pull back completely. Your usual comfort sources—routines, familiar people, safe spaces—start to feel suffocating or unreliable, forcing you to ask hard questions about what you actually need. Over the coming weeks, this discomfort can push you toward real change, but only if you stop resisting and start paying attention to what's actually bothering you.

♄ Saturn ☍ Opposition ♇ natal Pluto · peak 13 May

Right now you feel **blocked by rules and limits** whenever you try to take control of a situation. You bump up against authority figures or your own need for structure, and it makes you resentful because you're used to having your own way. Over the coming weeks this friction won't ease—it's asking you to accept that some things aren't yours to force.

♃ Jupiter ☍ Opposition ☿ natal Mercury · peak 20 May

Over the coming weeks, you are likely to **overstate your case and talk past people** instead of actually listening to what they think. Your confidence in your own opinions grows while your ability to hear other viewpoints shrinks, making conversations feel frustrating on both sides. This is a practical problem right now: you may make decisions based on incomplete information or damage working relationships by dismissing input you actually needed.

♆ Neptune △ Trine ☉ natal Sun · peak 1 May

While this lasts, you feel more **comfortable being yourself around others** without needing to explain or defend who you are. People seem to understand you more easily right now, and conversations flow naturally because you're not trying so hard to fit in. This is a good time to express creative ideas or talk about what actually matters to you, since your words carry a gentler weight that draws people in.

♅ Uranus △ Trine ♅ natal Uranus · peak 31 May

While this lasts, you find it easier to **accept change without resisting it**, and situations that would normally feel unsettling instead feel like natural next steps. You might suddenly see a practical way to break a habit, update an old routine, or move toward something you've been thinking about for months. This period gives you the psychological flexibility to experiment with new approaches and trust your instincts about what needs to shift in your life right now.

☊ NNode qx Quincunx ⚷ natal Chiron · peak 1 May

Over the coming weeks, you may notice that **old insecurities are surfacing in new situations**, especially when you are trying something unfamiliar. You feel aware of your weak spots but also slightly out of sync with how to address them. This mismatch between knowing what bothers you and knowing how to move forward can make practical decisions feel awkward or indirect.

♇ Pluto ✶ Sextile ♅ natal Uranus · peak 1 May

Right now you find yourself **willing to act on ideas you've been sitting with for months**, and the practical timing seems to line up surprisingly well. You're more comfortable than usual taking small risks or changing routines that no longer work, and people around you notice you seem decisive instead of stuck. These days this period gives you real momentum to experiment with new approaches in your work or daily habits without the usual second-guessing holding you back.

♃ Jupiter ☌ Conjunction ♂ natal Mars · peak 1 May

You feel **more confident taking action** on things you've been putting off, and people respond to your directness right now. Your appetite for challenge increases, whether that's physical activity, competitive situations, or just pushing yourself harder at work. Over the coming weeks, watch that you don't overcommit or mistake eagerness for actual readiness, because this boost is temporary.

♆ Neptune △ Trine ♃ natal Jupiter · peak 1 May

You're naturally more **optimistic about what's possible** right now, and people pick up on this openness. Your thinking tends toward the generous side, making you quicker to give someone a second chance or believe in a plan that seemed risky before. Over the coming weeks, this shift can help you connect with others more easily or move forward on something you've been hesitant about.

♃ Jupiter Rx · ♐ Sagittarius

Beliefs, philosophies, and long-held worldviews are under more rigorous self-examination than usual right now. Optimism that has been unquestioned may suddenly reveal its assumptions. This period is genuinely useful for distinguishing between what you believe and what you actually know.

★ = natal resonance — this transit echoes your birth chart, amplifying its influence

LUNATIONS

● New Moon · Monday, 1 May

in ♉ Taurus

material foundations, slow build, stability

in H10 — Career & Reputation

A major new chapter in your professional life and public reputation is beginning. This lunation plants seeds around **career direction, achievements, and how you're perceived by the world**. Goals you set now and steps you take toward your ambitions have greater traction than usual. If you've been waiting for the right moment to make a career move, pursue recognition, or clarify your professional direction, this lunation gives it meaningful momentum.

○ Full Moon · Sunday, 14 May

in ♏ Scorpio

hidden truths, emotional intensity, power shift

in H5 — Creativity & Romance

A creative work, romantic situation, or matter involving children is reaching its peak. What began months ago in your love life or creative endeavors is now **ready for a culmination** — a relationship becoming more defined, a project completing, or a moment of genuine joy or heartbreak making itself felt. The full moon here amplifies feelings of passion and desire. Be honest about what and who actually brings you happiness, rather than what you think should.

KEY DATES

Mon, 1 May New Moon in Taurus

♆ Neptune △ Trine ☉ natal Sun

♇ Pluto ⚹ Sextile ♅ natal Uranus

♃ Jupiter ☌ Conjunction ♂ natal Mars

♆ Neptune △ Trine ♃ natal Jupiter

Tue, 2 May ♇ Pluto ☍ Opposition ☽ natal Moon

Wed, 3 May ☿ Mercury enters ♊ Gemini

Mercury entering *Gemini* sharpens your ability to **pick up details** and **connect ideas quickly**, so conversations at work or home tend to move faster and cover more ground. People often notice they're **more curious** about how things work and less patient with slow explanations, which can make learning something new feel easier but also make waiting for others frustrating. At work and in daily tasks, **short-form communication** — texts, quick calls, bullet points — becomes more natural than long emails, and your mind jumps between topics more readily.

Fri, 5 May ♅ Uranus stations Retrograde

Uranus stationing retrograde typically brings **delays and reversals** in tech, internet connections, and unexpected plans that felt solid just weeks ago. Areas like innovation projects, group friendships, or sudden life changes often **pause or shift direction** — what looked like progress stalls, and people find themselves rethinking decisions they thought were final. In practice, this period favors **reviewing old ideas** rather than launching new ones, and you'll notice others becoming less willing to commit to radical changes or unusual partnerships.

Mon, 8 May ♆ Neptune △ Trine ☉ natal Sun

Sat, 13 May ♄ Saturn ☍ Opposition ♇ natal Pluto

Sun, 14 May Full Moon in Scorpio

Mon, 15 May ♇ Pluto ☍ Opposition ☽ natal Moon

Wed, 17 May ♀ Venus enters ♉ Taurus

Venus in *Taurus* shifts how people handle money and relationships — you'll notice a **stronger pull toward stability** and less tolerance for drama or sudden changes. In work and friendships, this transit brings a **preference for steady progress** over risky moves, and people tend to stick with what works rather than constantly switch direction. Physical comfort matters more now, so expect **more attention to food, comfort items, and routine pleasures** as people naturally invest in things that feel reliable and good.

Fri, 19 May ⚷ Chiron stations Direct

Chiron stationing direct means the **healing or learning process** you've been stuck on for months finally **moves forward again**, and you'll notice progress in whatever area felt frozen or repetitive. In practice, **clarity returns** about what actually helps—whether that's a health choice, a skill you're rebuilding, or how to handle a recurring problem—because you can see the full pattern now instead of going in circles. *Chiron* direct also lets you **stop second-guessing** what you've already figured out and start acting on those realizations, even if the fix isn't perfect.

Sat, 20 May ♃ Jupiter ☍ Opposition ☿ natal Mercury

Sun, 21 May ♅ Uranus △ Trine ♅ natal Uranus

Mon, 22 May ☉ Sun enters ♊ Gemini

♄ Saturn ☍ Opposition ♇ natal Pluto

Sun in *Gemini* brings a **shift toward curiosity and talking things through** — you'll notice people asking more questions, starting conversations they'd normally skip, and wanting to understand how things work. At work and in relationships, **communication becomes easier and faster**, though the downside is that people scatter their attention across more projects and topics than they can actually finish. **Short trips, emails, and quick decision-making** pick up noticeably during this month, so if you've been putting off organizing your schedule or catching up with contacts, this is when that restless energy makes it feel natural.

Wed, 24 May ☿ Mercury stations Retrograde

When *Mercury* stations retrograde, **communication breakdowns and misunderstandings** become noticeably more common in daily life. Emails get lost, conversations get tangled, and people often need to **repeat themselves or clarify** what they meant the first time around. Travel plans, contracts, and tech devices tend to **glitch or require fixes**, so most people find themselves troubleshooting problems they thought were already solved.

Fri, 26 May ♂ Mars enters ♍ Virgo

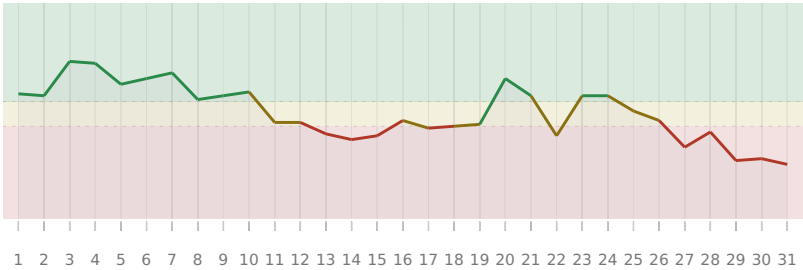
Mars in *Virgo* pushes you to focus your energy on **details and efficiency** rather than big dramatic moves, so you'll likely find yourself fixing things, organizing workspaces, or solving small problems that pile up. At work and in relationships, this transit brings a **critical eye** — people become more direct about what isn't working and more willing to **do the unglamorous tasks** that actually get results. When *Mars* lands here, impatience with sloppy work or vague plans shows up quickly, so **clear systems and practical action** tend to win over charm or wishful thinking.

Wed, 31 May ♅ Uranus △ Trine ♅ natal Uranus

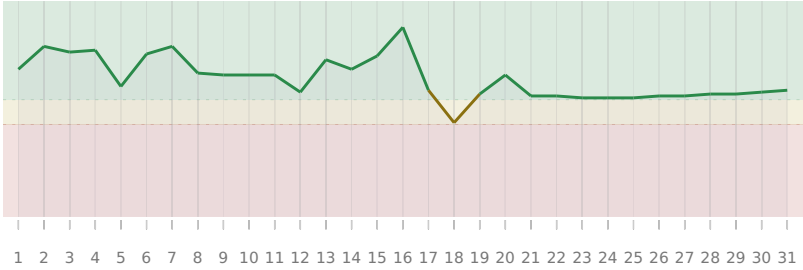
♅ Uranus △ Trine ☽ natal Moon

AREAS OF LIFE

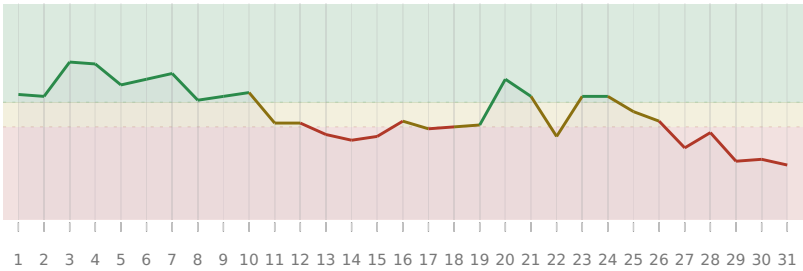
Love ★★★☆☆



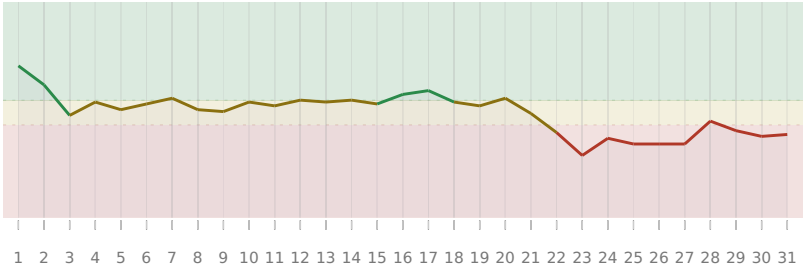
Home ★★★★☆



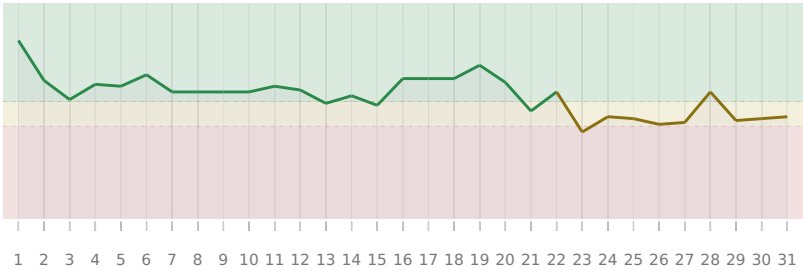
Creativity ★★★☆☆



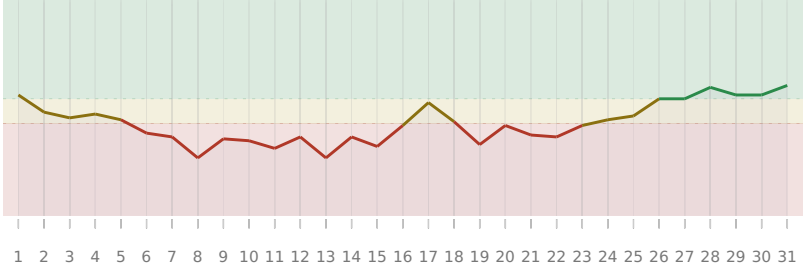
Spirituality ★★★☆☆



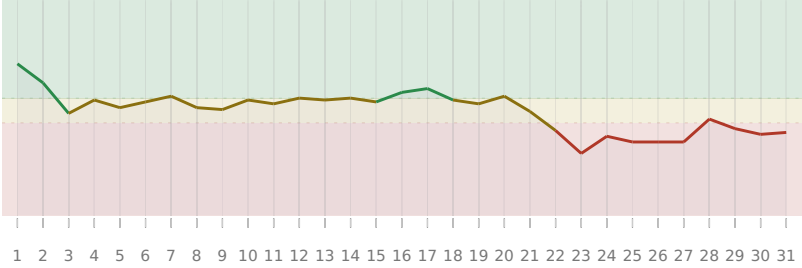
Health ★★★★☆



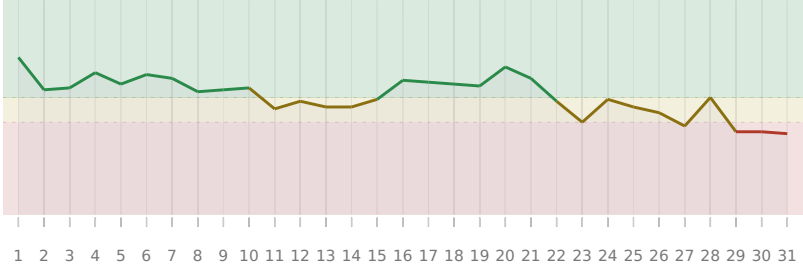
Finance ★★★☆☆



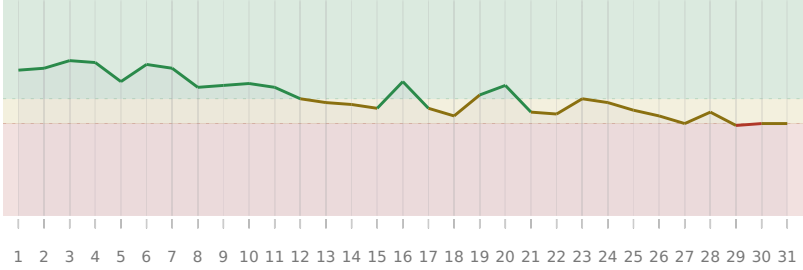
Travel ★★★☆☆



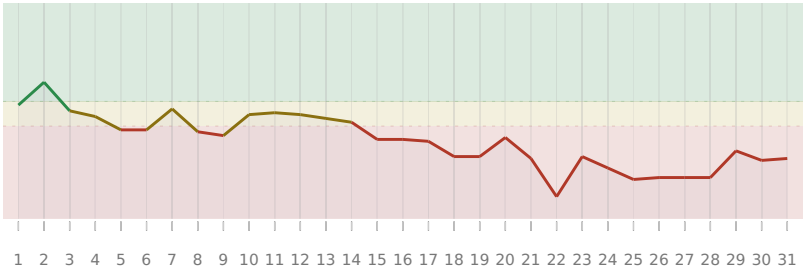
Career ★★★★☆



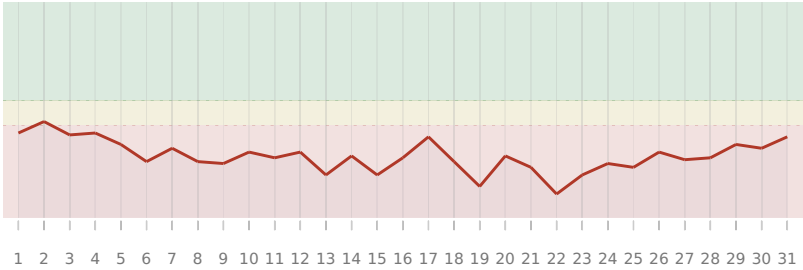
Personal Growth ★★★★☆



Communication ★★☆☆☆



Contracts ⚠ wait



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♃ Jupiter Rx