



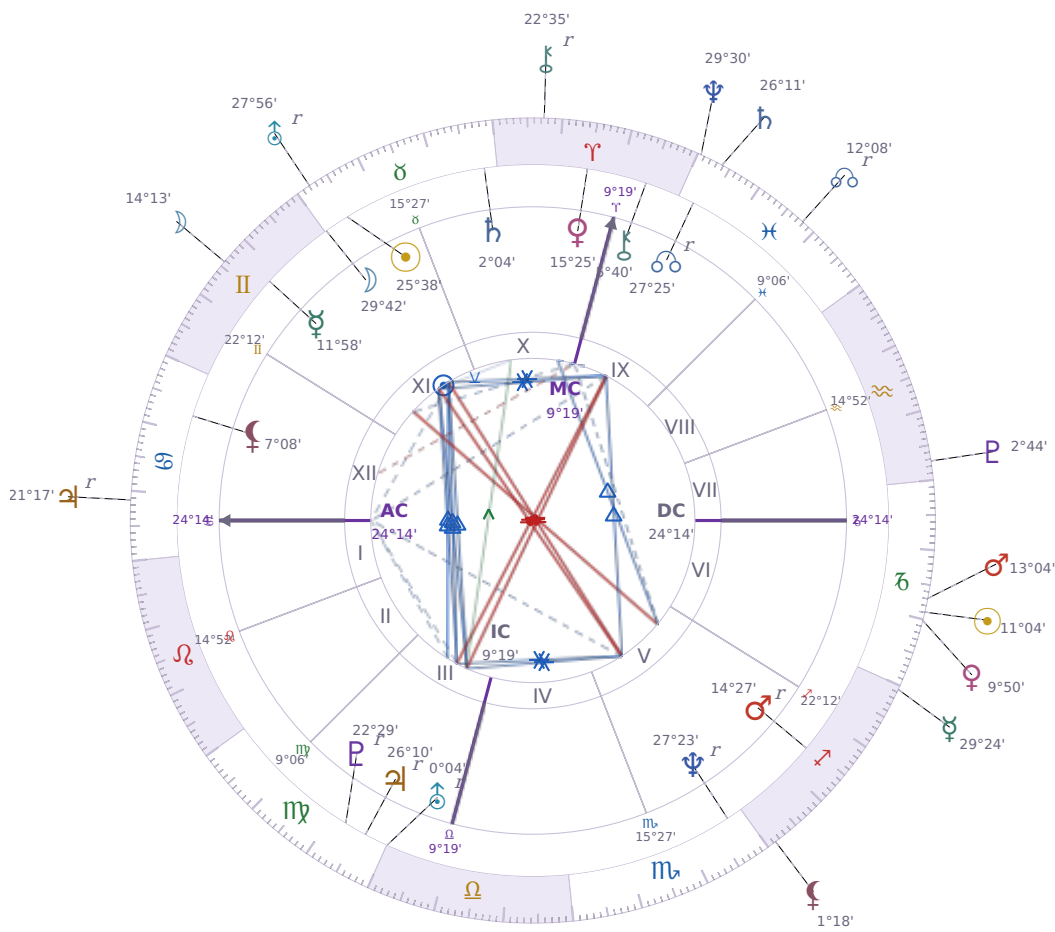
MONTHLY HOROSCOPE

## Tucker Swanson McNear Carlson

American political commentator (born 1969)

♉ Taurus May 16, 1969 10:07 San Francisco

**1 January - 31 January 2026**



**TRANSITS · 1ST OF JANUARY 2026**

☉ Sun	in ♑ Capricorn	11°04'41"
☾ Moon	in ♊ Gemini	14°13'31"
☿ Mercury	in ♐ Sagittarius	29°24'54"
♀ Venus	in ♑ Capricorn	9°50'08"
♂ Mars	in ♑ Capricorn	13°04'17"
♃ Jupiter	in ♋ Cancer Rx	21°17'32"
♄ Saturn	in ♓ Pisces	26°11'48"
♅ Uranus	in ♉ Taurus Rx	27°56'08"

♆ Neptune	in ♋ Pisces	29°30'47"
♇ Pluto	in ♒ Aquarius	2°44'01"
♄ Chiron	in ♈ Aries Rx	22°35'58"
♁ NNode	in ♋ Pisces Rx	12°08'39"
♁ Lilith	in ♐ Sagittarius	1°18'39"

## NATAL PLANETS

☉ Sun	in ♉ Taurus	25°38'16"	XI
☾ Moon	in ♉ Taurus	29°42'46"	XI
☿ Mercury	in ♊ Gemini	11°58'12"	XI
♀ Venus	in ♈ Aries	15°25'00"	X
♂ Mars	in ♐ Sagittarius	14°27'19"	V Rx
♃ Jupiter	in ♍ Virgo	26°10'12"	III Rx
♄ Saturn	in ♉ Taurus	2°04'36"	X
♅ Uranus	in ♎ Libra	0°04'09"	III Rx
♆ Neptune	in ♏ Scorpio	27°23'30"	V Rx
♇ Pluto	in ♍ Virgo	22°29'00"	III Rx
♄ Chiron	in ♈ Aries	5°40'23"	IX
♁ North Node	in ♋ Pisces	27°25'37"	IX Rx
♁ Lilith	in ♋ Cancer	7°08'35"	XII

## KEY TRANSIT FACTORS

### ♆ Neptune ☉ Opposition ♁ natal Uranus · peak 29 Jan

Right now you are caught between wanting to break free and feeling too confused to know which way to go. Your usual ability to spot what needs to change is clouded by **vague doubts and second-guessing**, so you either act on half-formed ideas or freeze completely. Over the coming weeks, expect to feel frustrated with yourself for not moving forward, and frustrated with others for not understanding your sudden shifts in direction.

### ♆ Neptune \* Sextile ☾ natal Moon · peak 13 Jan

Your **emotional intuition is sharper right now**, and you pick up on what people actually mean beneath their words. You find yourself more patient with others' feelings and less likely to react defensively when someone upsets you. Over the coming weeks, this softer approach tends to draw people closer to you and makes conversations feel safer for everyone involved.

### ♁ NNode ☐ Square ♀ natal Mercury · peak 4 Jan

Right now you're running into friction between what you want to say and what actually comes out, leaving conversations awkward or misunderstood. **You second-guess yourself constantly**, rewriting messages in your head and struggling to explain your real thoughts clearly to others. Over the coming weeks, this mismatch between your thinking and your ability to communicate will force you to slow down and pay closer attention to how you're actually being heard.

### ♄ Saturn ☌ Conjunction ♁ natal NNode · peak 18 Jan

These days you're noticing that your social circle is shrinking or becoming more selective. You feel less interested in people-pleasing and more willing to drop relationships that don't feel genuine. This shift toward **honest evaluation of your connections** will likely continue over the coming weeks as *Saturn* tightens its grip on your *North Node*.

### ♄ Saturn △ Trine ♆ natal Neptune · peak 18 Jan

Right now you are able to **turn your daydreams into actual plans** without losing the creative spark that usually gets lost in paperwork. Your intuition becomes practical instead of vague, so you can trust those gut feelings enough to act on them. Over the coming weeks, this is the time to start that project you have been imagining but never quite beginning.

### ♄ Saturn ☉ Opposition ♃ natal Jupiter · peak 1 Jan

Right now you're running into real limits on your optimism and spending habits. You feel **more cautious and doubtful** about plans that seemed exciting weeks ago, and money or time constraints are forcing you to scale back. This friction between your natural confidence and harsh reality is uncomfortable, but it's pushing you to be honest about what you can actually do instead of what you wish you could do.

### ♁ Uranus \* Sextile ♁ natal NNode · peak 31 Jan

Right now you find it easier to **take practical steps toward the things you actually want to do**, without overthinking or second-guessing yourself. People around you notice you seem more willing to experiment with new approaches, and you're picking up on opportunities that would normally pass you by. This period works well for making small changes to your routine or trying something you've been curious about but hesitant to attempt.

### ♅ Uranus ☌ Opposition ♃ natal Neptune · peak 31 Jan

Right now you're caught between wanting clarity and being pulled toward wishful thinking, which makes practical decisions feel impossible. Your usual ability to sense what others need starts working against you because you're picking up on mixed signals that may not even be real. Over the coming weeks, you'll need to slow down and write things down instead of trusting your gut, because your instincts are genuinely unreliable at the moment.

### ♄ Chiron ☌ Quincunx ♇ natal Pluto · peak 2 Jan

You feel pulled between wanting to fix something about yourself and realizing you can't force the change right now. This mismatch shows up as **restlessness in situations where you normally feel in control**, whether at work or in close relationships. Over the coming weeks, the discomfort itself is actually useful—it's pointing you toward a part of your life that needs a different approach than you've been taking.

### ♄ Saturn \* Sextile ☉ natal Sun · peak 1 Jan

Right now you find it easier to stick with what you commit to, and people notice your reliability. You're not rushing to prove yourself or grab attention—you're simply doing the work, and that **steady focus** gains real respect. Over the coming weeks, this is a good time to tackle something practical that requires patience and follow-through.

### ♇ Pluto ☐ Square ♄ natal Saturn · peak 1 Jan

You feel **trapped by your own rules** right now, as if the structures you built to keep yourself safe are suddenly too tight. You become more rigid and defensive about how things should be done, pushing back hard against anyone or anything that challenges your system. Over the coming weeks, you will likely experience real friction at work or in relationships because you cannot bend, even when bending would help.

### ♄ Saturn \* Sextile ♁ natal Moon · peak 31 Jan

Over the coming weeks, you find it easier to **stay calm when things go wrong**, because you're not caught up in emotional reactions like usual. Your practical side takes charge, letting you handle family problems or personal setbacks without falling apart. This is when you can actually do the mature, responsible things you know you should do, and they stick.

### ♃ Jupiter \* Sextile ♇ natal Pluto · peak 1 Jan

You are noticing that **you can actually follow through on changes you've been wanting to make**, whether at work or in your personal life, because your motivation to act is both strong and steady right now. *Jupiter* sextile your natal *Pluto* means you have real leverage to transform something practical — you see what needs to happen and you have the confidence to do it without second-guessing yourself. Over the coming weeks, people around you may pick up on this shift and start treating you differently, which can open doors you didn't expect.

### ♅ Uranus △ Trine ♃ natal Jupiter · peak 31 Jan

You are feeling unusually **open to new possibilities** and willing to try things you normally wouldn't consider. Your confidence is high right now, and you're noticing opportunities appear without you having to force them—people invite you to things, conversations lead somewhere unexpected, or a practical problem suddenly has a solution you hadn't seen before. This period supports taking calculated risks or making changes you've been thinking about, because your instinct for what will actually work is sharp.

### ♄ Saturn ☌ Opposition ♅ natal Uranus · peak 31 Jan

Right now you are caught between wanting to break free and feeling locked down by real constraints, and this clash is making you restless and irritable. You might suddenly impose strict rules on yourself or resist any structure at all, swinging between these two extremes without finding middle ground. **You feel frustrated that you cannot escape your obligations**, and this tension will likely push you to make hasty decisions about work, relationships, or commitments that you'll need to revisit once this period ends.

### ♃ Jupiter Rx · ☿ Cancer

Emotional generosity and the expansion of close bonds may feel less available right now. Past connections, family relationships, or unresolved emotional commitments return to the foreground. Honest reflection on where your genuine care and loyalty are directed yields more than performing warmth you do not feel.

## PROGRESSED MOON

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- Progressed Moon in ♊ Gemini 25.9° H12
- Progressed Moon ☐ Square ♃ natal Jupiter

## LUNATIONS

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○ Full Moon · Saturday, 3 Jan

in ♋ **Cancer**

emotional culmination, family matters, inner needs surface

in H12 — Inner Life & Solitude

Something hidden is surfacing. This full moon illuminates **the private, unconscious, and carefully concealed aspects of your life** — old emotional patterns, self-sabotaging habits, or matters you've kept from even yourself. This is one of the most psychologically significant lunations and often coincides with a release of something that has been draining you in private. What comes to light now, though it may be uncomfortable, ultimately creates space for genuine renewal.

● New Moon · Monday, 19 Jan

in ♑ **Capricorn**

long-term goals, ambition, structural reset

in H7 — Partnerships

A significant new chapter in your one-on-one relationships is beginning. Whether in **romantic partnership, business collaboration, or important agreements**, this lunation plants seeds that will mature over the next six months. The people you meet or commit to now carry lasting significance. If you've been considering a serious conversation with a partner or are ready to formalize a collaboration, this is the most supportive moment to take that step.

#### KEY DATES

**Thu, 1 Jan** ♄ Saturn ☌ Opposition ♃ natal Jupiter

♅ Pluto ☐ Square ♄ natal Saturn

**Fri, 2 Jan** ☿ Mercury enters ♑ Capricorn

*Mercury* entering *Capricorn* shifts how you talk and think toward **practical results** — you'll notice yourself cutting out small talk and focusing on what actually matters at work or in conversations. People around you tend to **respect the directness** more during this time, even if your words feel plainer than usual, because *Capricorn* makes communication **efficient and honest**. At work especially, **planning and problem-solving** feel sharper; *Mercury* here rewards you for thinking several steps ahead instead of reacting on the spot.

**Sat, 3 Jan** ♄ Chiron stations Direct

Full Moon in Cancer

*Chiron* stationing direct means the **healing or learning process** you've been stuck on for months finally **moves forward again**, and you'll notice progress in whatever area felt frozen or repetitive. In practice, **clarity returns** about what actually helps—whether that's a health choice, a skill you're rebuilding, or how to handle a recurring problem—because you can see the full pattern now instead of going in circles. *Chiron* direct also lets you **stop second-guessing** what you've already figured out and start acting on those realizations, even if the fix isn't perfect.

**Sun, 4 Jan** ♁ NNnode ☐ Square ☿ natal Mercury

♆ Neptune ✕ Sextile ☾ natal Moon

**Mon, 12 Jan** ♁ NNnode ☐ Square ☿ natal Mercury

♅ Pluto ☐ Square ♄ natal Saturn

**Tue, 13 Jan** ♆ Neptune ✕ Sextile ☾ natal Moon

**Sun, 18 Jan** ♀ Venus enters ♒ Aquarius

♄ Saturn ☌ Conjunction ♁ natal NNnode

♄ Saturn △ Trine ♆ natal Neptune

♅ Uranus ✕ Sextile ♁ natal NNnode

*Venus* in *Aquarius* makes people **less interested in traditional relationship rules** and more drawn to friends, group settings, or unconventional arrangements. In practice, you might notice yourself **valuing independence and honesty** over romantic gestures, or finding that casual friendships suddenly feel more appealing than intense one-on-one bonds. At work and in daily life, this transit brings a **cooler, more detached approach** to money and socialising—you'll likely spend less on impulsive buys and prefer people who let you do your own thing.

**Mon, 19 Jan** New Moon in Capricorn

**Tue, 20 Jan** ☉ Sun enters ♒ Aquarius

*Sun* in *Aquarius* brings a **shift toward independence** and a stronger need to do things your own way instead of following the usual pattern. At work and in conversations, you'll **notice people speak up more** about ideas that feel different or go against what everyone expects. In relationships and friendships, **distance often increases** slightly as people pull back to focus on their own projects and interests rather than staying close to the group.

**Wed, 21 Jan** ☿ Mercury enters ♒ Aquarius

*Mercury* in *Aquarius* brings **clearer, more direct communication** — people tend to say what they actually think instead of softening their words, which works well in meetings but can feel blunt in casual conversations. At work and in

friendships, you'll notice **more focus on logic and ideas** rather than emotions, making this a good time for problem-solving but a trickier period if someone needs emotional support. *Aquarius* also pushes thinking toward the **bigger picture**, so conversations shift from daily complaints to plans, systems, and what-if scenarios that feel more interesting but less immediately practical.

**Fri, 23 Jan** ♄ Mars enters ♒ Aquarius

*Mars* in *Aquarius* pushes people to **act on ideas** rather than emotions, so you'll notice a shift toward logical problem-solving and less patience for traditional ways of doing things at work or in groups. In relationships and conversations, this transit brings **directness about independence** — people tend to state what they want without softening it, which can feel refreshing or blunt depending on who you're talking to. The pattern is that **group projects and teamwork** become more appealing than solo efforts, even though *Mars* here makes people more willing to disagree with the group if they think something's wrong.

**Tue, 27 Jan** ♆ Neptune enters ♈ Aries

*Neptune* in *Aries* pushes people toward **clearer, more direct goals** instead of getting stuck in vague wishes, and you'll notice yourself **actually making decisions** instead of waiting for signs. In relationships and work, the pattern shifts to **speaking up sooner** about what you want, though some people struggle with the bluntness that comes naturally now. Over the next 14 years, **taking action on half-formed ideas** becomes easier—the fog lifts enough that you can see what needs doing and start moving forward without overthinking it.

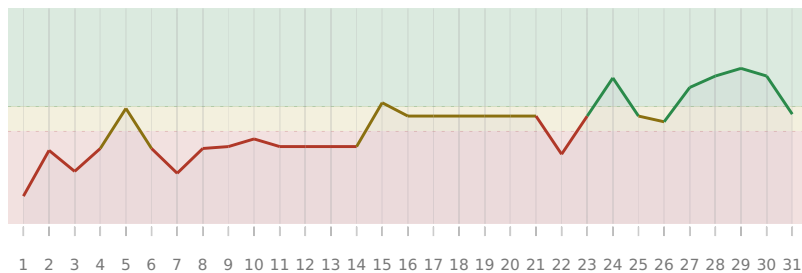
**Thu, 29 Jan** ♆ Neptune ☌ Opposition ♅ natal Uranus

**Sat, 31 Jan** ♅ Uranus ✕ Sextile ♃ natal NNode

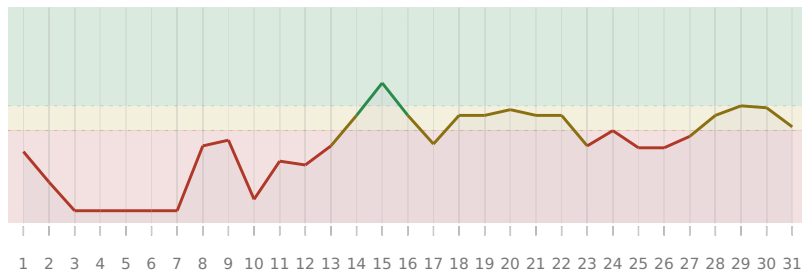
♅ Uranus ☌ Opposition ♆ natal Neptune

**AREAS OF LIFE**

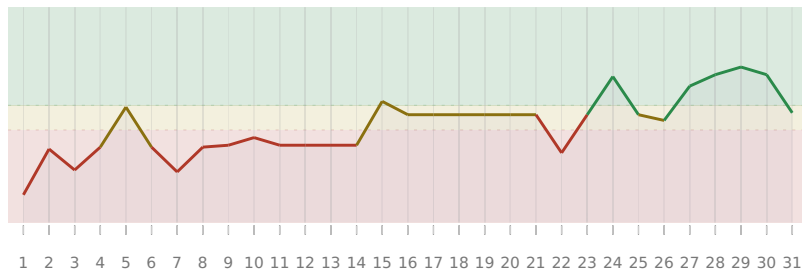
**Love** ★★★☆☆



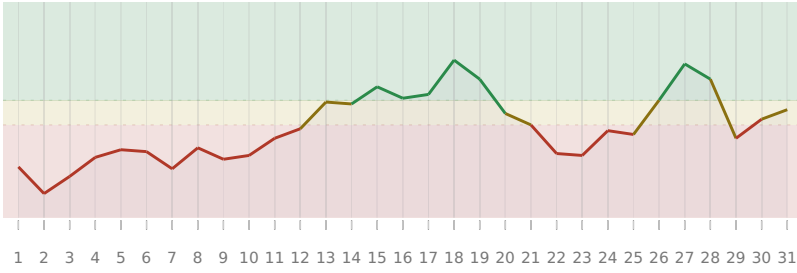
**Home** ★★☆☆☆



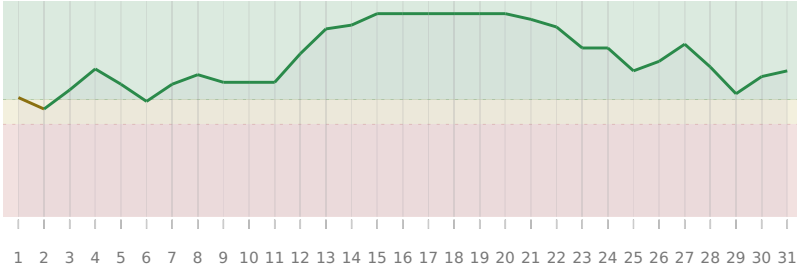
**Creativity** ★★★☆☆



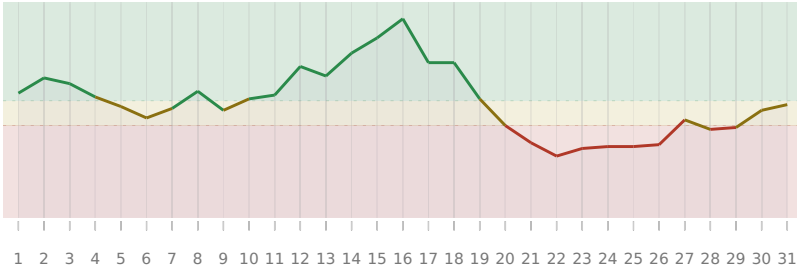
**Spirituality** ★★☆☆☆



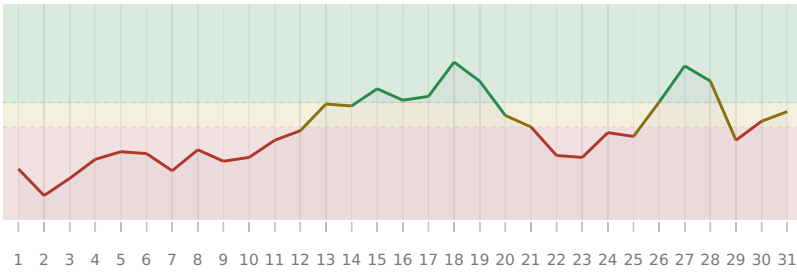
**Health ★★★★★**



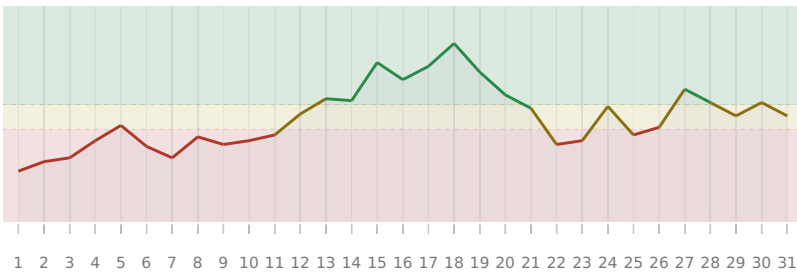
**Finance ★★★☆☆**



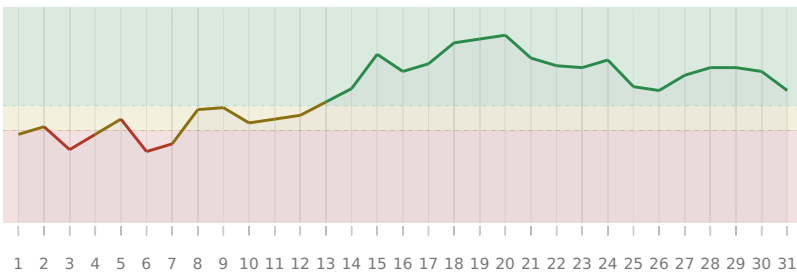
**Travel ★★☆☆☆**



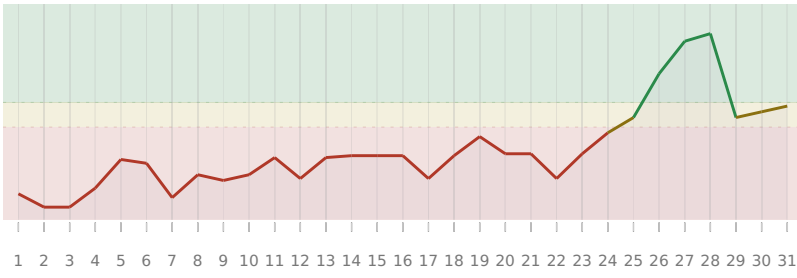
**Career ★★★☆☆**



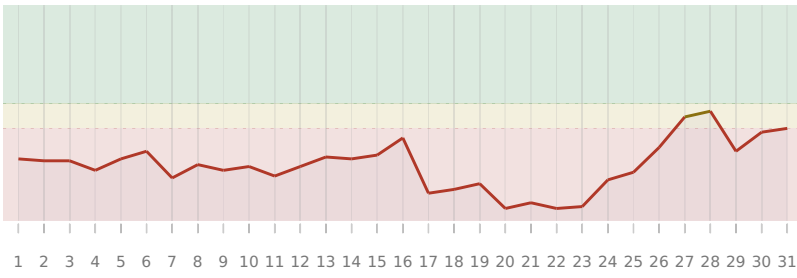
**Personal Growth ★★★★★**



Communication ★★☆☆☆



Contracts ▲ wait



1 January - 31 January 2026

📍 Jupiter Rx