



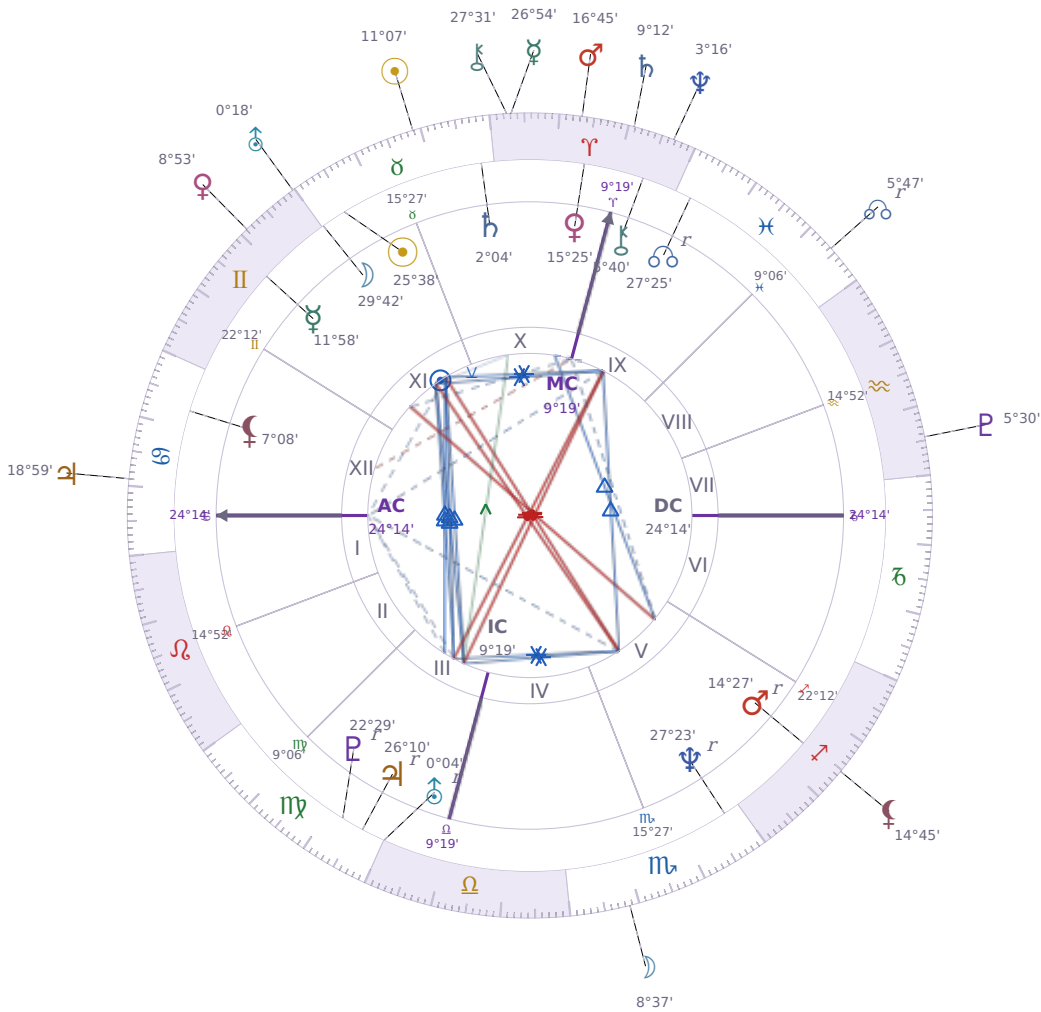
MONTHLY HOROSCOPE

Tucker Swanson McNear Carlson

American political commentator (born 1969)

♉ Taurus May 16, 1969 10:07 San Francisco

1 May - 31 May 2026



TRANSITS · 1ST OF MAY 2026

☉ Sun	in ♉ Taurus	11°07'46"
☾ Moon	in ♏ Scorpio	8°37'23"
☿ Mercury	in ♈ Aries	26°54'34"
♀ Venus	in ♊ Gemini	8°53'37"
♂ Mars	in ♈ Aries	16°45'23"
♃ Jupiter	in ♋ Cancer	18°59'04"
♄ Saturn	in ♈ Aries	9°12'09"
♅ Uranus	in	0°18'05"

♊ Gemini

♆ Neptune	in	♈ Aries	3°16'29"
♇ Pluto	in	♒ Aquarius	5°30'12"
♄ Chiron	in	♈ Aries	27°31'40"
♁ NNode	in	♓ Pisces Rx	5°47'23"
♁ Lilith	in	♐ Sagittarius	14°45'27"

NATAL PLANETS

☉ Sun	in	♉ Taurus	25°38'16"	XI
☾ Moon	in	♉ Taurus	29°42'46"	XI
☿ Mercury	in	♊ Gemini	11°58'12"	XI
♀ Venus	in	♈ Aries	15°25'00"	X
♂ Mars	in	♐ Sagittarius	14°27'19"	V Rx
♃ Jupiter	in	♍ Virgo	26°10'12"	III Rx
♄ Saturn	in	♉ Taurus	2°04'36"	X
♅ Uranus	in	♎ Libra	0°04'09"	III Rx
♆ Neptune	in	♏ Scorpio	27°23'30"	V Rx
♇ Pluto	in	♍ Virgo	22°29'00"	III Rx
♄ Chiron	in	♈ Aries	5°40'23"	IX
♁ North Node	in	♓ Pisces	27°25'37"	IX Rx
♁ Lilith	in	♋ Cancer	7°08'35"	XII

KEY TRANSIT FACTORS

☉ Sun ♂ Conjunction ☾ natal Moon · peak 20 May ★

Your **emotional needs feel more visible to you right now**, and you're less willing to hide what matters to you. People pick up on this shift and may respond differently—some drawn closer, others put off by your directness. Over the coming weeks, you'll notice whether you've been keeping your real feelings locked away or letting them show naturally.

☿ Mercury ♂ Opposition ♂ natal Mars · peak 24 May ★

Right now you're more likely to say things you regret, especially when someone disagrees with you or moves too slowly. Your **impatience with others' words and ideas** is heightened, making conversations feel combative even when they don't need to be. Over the coming weeks, watch for a pattern where you interrupt, argue about details, or push your point too hard instead of listening.

♁ NNode ∟ Semi sextile ♄ natal Chiron · peak 3 May

Over the coming weeks, you'll find it easier to **notice when someone else is struggling and know exactly what to say** without overthinking it. This natural gift for understanding pain in others comes from recognizing similar patterns in yourself, and right now that recognition flows smoothly instead of getting tangled up. People around you will feel genuinely heard by you during this period, and that simple act often helps them more than they expected.

♃ Jupiter * Sextile ♇ natal Pluto · peak 23 May

You are noticing that **you can actually follow through on changes you've been wanting to make**, whether at work or in your personal life, because your motivation to act is both strong and steady right now. *Jupiter* sextile your natal *Pluto* means you have real leverage to transform something practical — you see what needs to happen and you have the confidence to do it without second-guessing yourself. Over the coming weeks, people around you may pick up on this shift and start treating you differently, which can open doors you didn't expect.

♄ Saturn * Sextile ☿ natal Mercury · peak 28 May

Your thinking becomes clearer and more practical right now, letting you organize your thoughts in ways that actually work. You're naturally **more careful with details and less prone to overlooking things**, which helps your writing, planning, or problem-solving feel more solid. This is a good window to tackle anything that needs patience and precision, since your mind is working in your favor rather than against you.

♅ Uranus ∟ Semi sextile ♄ natal Saturn · peak 31 May

Over the coming weeks, you find it easier to **adjust your plans without feeling like you're losing control**. Small changes to your schedule or approach no longer feel threatening, and you can spot practical improvements you've been putting off. This is a good window to update systems, refresh routines, or try a different method at work without the usual resistance.

♄ Chiron ∟ Semi sextile ♀ natal NNode · peak 1 May

Over the coming weeks, you find it easier to **spot patterns in your own behaviour** without getting stuck in self-criticism. Small conversations or situations naturally point out where you've been repeating the same mistakes, and you actually listen instead of defending yourself. This practical self-awareness makes it simpler to adjust course in relationships and work without needing to overanalyse everything.

♄ Chiron qx Quincunx ♃ natal Neptune · peak 1 May

Right now you are noticing gaps between what you believe about yourself and how you actually behave in stressful moments. You might find yourself **acting more defensively or withdrawn than you expect**, especially when someone questions your motives or judgment. These days the disconnect feels awkward rather than painful, but it is pushing you to pay closer attention to where your ideals do not match your real actions.

♇ Pluto * Sextile ♄ natal Chiron · peak 6 May

Right now you find it easier to **talk about past hurts without getting stuck in them**, which means conversations about difficult experiences feel less raw than usual. You're more willing to listen to other people's pain too, and they seem to respond by opening up to you in ways that deepen your relationships. Over the coming weeks, this natural confidence in handling hard topics gives you a practical advantage in resolving conflicts that have been hanging around.

♅ Uranus △ Trine ♅ natal Uranus · peak 1 May

While this lasts, you find it easier to **accept change without resisting it**, and situations that would normally feel unsettling instead feel like natural next steps. You might suddenly see a practical way to break a habit, update an old routine, or move toward something you've been thinking about for months. This period gives you the psychological flexibility to experiment with new approaches and trust your instincts about what needs to shift in your life right now.

♃ Lilith ♂ Conjunction ♂ natal Mars · peak 1 May

Right now you're more willing to act on what you actually want instead of what you think you should do, and this shows up as **pushing back against rules or expectations that don't fit you**. You might say no more often, stand your ground in conversations, or make choices that feel personally true even if they upset someone else. These days this directness can feel good and necessary, though others may find you harder to manage than usual.

♄ Chiron ∟ Semi sextile ♃ natal Moon · peak 31 May

These days you find it easier to **talk about your feelings without getting stuck in them**, which helps you connect with people who matter to you. Your emotional vulnerabilities feel less like private wounds and more like honest things worth sharing. Over the coming weeks, this gentle openness tends to draw supportive responses from others, making your relationships feel more real and less lonely.

♅ Uranus ♂ Conjunction ♃ natal Moon · peak 1 May

You feel restless in your emotional life right now and want to break free from familiar patterns without fully understanding why. Your moods shift more suddenly than usual, and you may **make unexpected changes to your living situation or daily routines** just to feel different. These sudden moves often feel necessary at the time, though you might question them once the impulse passes.

♄ Chiron qx Quincunx ♅ natal Uranus · peak 31 May

You feel uncomfortable with your usual ways of doing things, even though you can't quite explain why. These days you notice yourself wanting to break free from routines that normally work for you, which creates **practical friction between your need for stability and your urge to change direction**. Over the coming weeks, small adjustments in how you handle independence or unconventional choices will feel necessary, even if they don't come naturally to you right now.

♃ Neptune ∟ Semi sextile ♄ natal Saturn · peak 1 May

Right now you find it easier to **soften rigid rules you've been following without questioning**, and this actually helps you get more done rather than less. Your practical judgment stays sharp while you become less harsh with yourself about small mistakes or delays. These next few weeks give you a real chance to loosen your grip on control and discover that things still work out fine.

** = natal resonance — this transit echoes your birth chart, amplifying its influence*

PROGRESSED MOON

○ Progressed Moon in ♋ Cancer 0.2° H12

Entering ♋ Cancer this month (was in Gemini)

○ Progressed Moon □ Square ♅ natal Uranus

LUNATIONS

○ Full Moon · Friday, 1 May

in ♏ Scorpio

hidden truths, emotional intensity, power shift

in H4 — Home & Family

Your home life and emotional foundations are under full illumination. A situation within the family or domestic sphere is reaching a point where **something must be acknowledged, resolved, or released**. Old patterns around belonging, security, or private matters surface with unusual clarity. This full moon often coincides with a change of residence, a family conversation that's been overdue, or a significant shift in how you feel about where you belong.

● New Moon · Sunday, 17 May

in ♉ Taurus

material foundations, slow build, stability

in H11 — Community & Goals

A fresh cycle is opening around **friendships, group affiliations, and your hopes for the future**. This is the right time to join a new community, strengthen bonds with people who share your values, or clarify what you truly want from the years ahead. Social connections formed under this lunation often turn out to be meaningful and lasting. A dream or long-term goal that's been forming in the background is ready to move from the conceptual stage to the practical.

KEY DATES

Fri, 1 May Full Moon in Scorpio

♅ Uranus △ Trine ♅ natal Uranus

♀ Lilith ♂ Conjunction ♂ natal Mars

♅ Uranus ♂ Conjunction ♃ natal Moon

Sun, 3 May ♿ Mercury enters ♉ Taurus

Mercury moving into *Taurus* shifts how you **communicate and think** — you'll notice yourself speaking more slowly, choosing words with care instead of rushing through sentences. At work and in conversations, people tend to **focus on practical details** and want concrete facts rather than abstract ideas, which means discussions about money, plans, or decisions take longer but reach clearer agreements. This transit makes most people **stick to their positions** once they've decided something, so expect less back-and-forth and more people digging in on what they actually believe.

Wed, 6 May ♇ Pluto ✕ Sextile ♃ natal Chiron

Thu, 7 May ♇ Pluto stations Retrograde

When *Pluto* stations retrograde, expect **delays or reversals** in situations involving power, money, or control — contracts may stall, workplace dynamics shift, or financial decisions get reconsidered. *Pluto* retrograde typically brings **hidden information to light**, so old problems resurface and you notice patterns you missed before, especially around who has influence over what. Over the next months, **internal work matters more than external action** — pushing hard on big changes usually backfires, but reviewing past choices and adjusting your approach actually works.

Mon, 11 May ♅ Uranus △ Trine ♅ natal Uranus

Sun, 17 May ♿ Mercury enters ♊ Gemini

New Moon in Taurus

Mercury entering *Gemini* sharpens your ability to **pick up details** and **connect ideas quickly**, so conversations at work or home tend to move faster and cover more ground. People often notice they're **more curious** about how things work and less patient with slow explanations, which can make learning something new feel easier but also make waiting for others frustrating. At work and in daily tasks, **short-form communication** — texts, quick calls, bullet points — becomes more natural than long emails, and your mind jumps between topics more readily.

Mon, 18 May ♇ Pluto ✕ Sextile ♃ natal Chiron

Tue, 19 May ♀ Venus enters ♋ Cancer

♂ Mars enters ♉ Taurus

Venus in *Cancer* makes people **more careful about who they let close**, and they often notice themselves wanting **deeper emotional connection** instead of surface-level interaction. In relationships and work, this shows up as spending more time with people who feel **safe and familiar**, while casual friendships might feel less interesting. Most people find themselves **expressing care through practical actions** — cooking, checking in, remembering details — rather than grand gestures or words.

Thu, 21 May ☉ Sun enters ♊ Gemini

Sun in *Gemini* brings a **shift toward curiosity and talking things through** — you'll notice people asking more questions, starting conversations they'd normally skip, and wanting to understand how things work. At work and in relationships, **communication becomes easier and faster**, though the downside is that people scatter their attention across more projects and topics than they can actually finish. **Short trips, emails, and quick decision-making** pick up noticeably during this month, so if you've been putting off organizing your schedule or catching up with contacts, this is

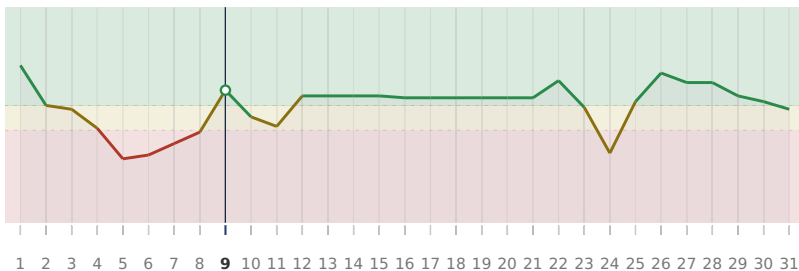
when that restless energy makes it feel natural.

Sat, 23 May ♃ Jupiter * Sextile ♇ natal Pluto

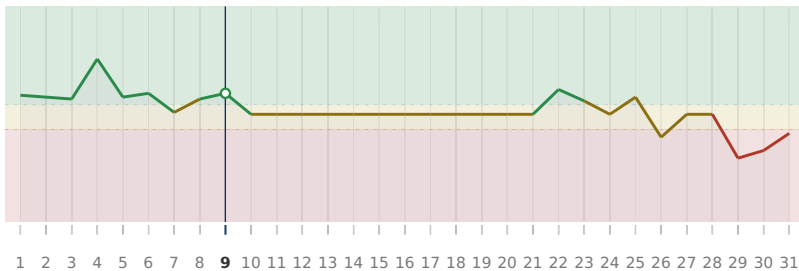
Thu, 28 May ♄ Saturn * Sextile ♿ natal Mercury

AREAS OF LIFE

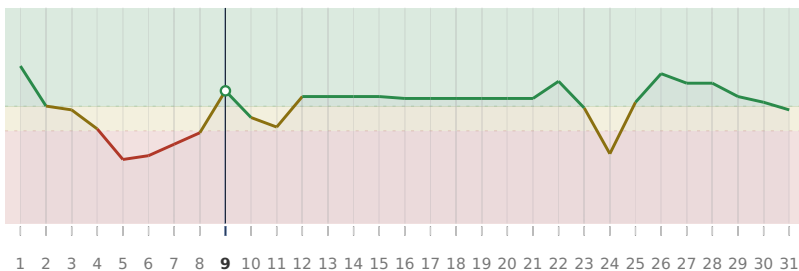
Love ★★★★★☆



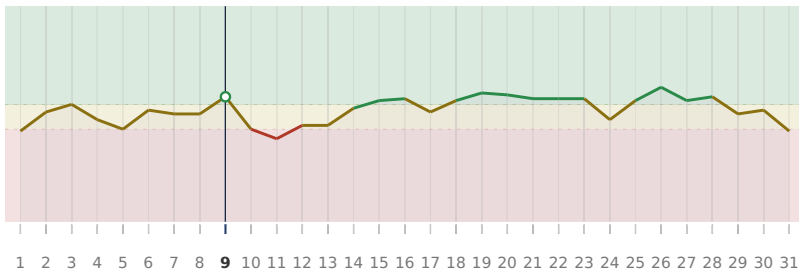
Home ★★★☆☆



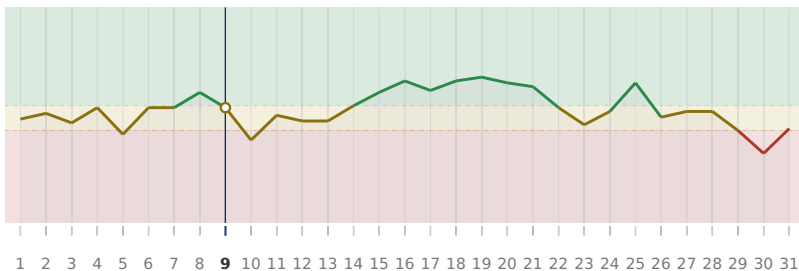
Creativity ★★★★★☆



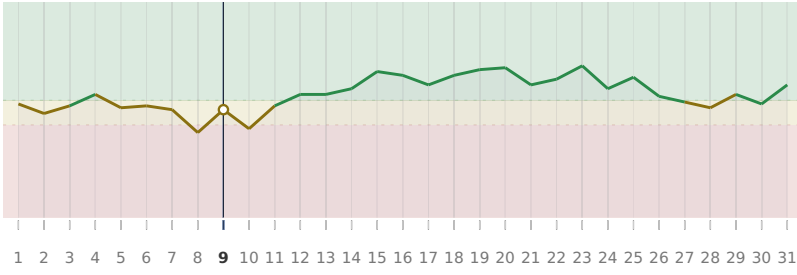
Spirituality ★★★☆☆



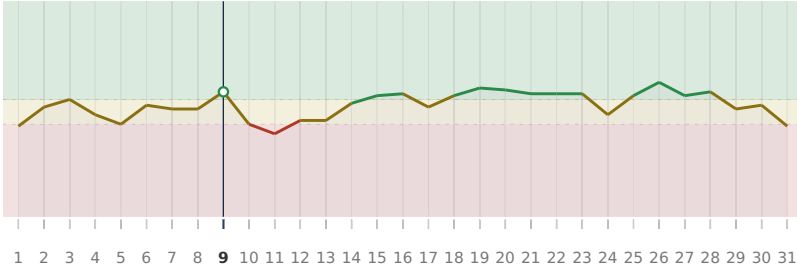
Health ★★★★★☆



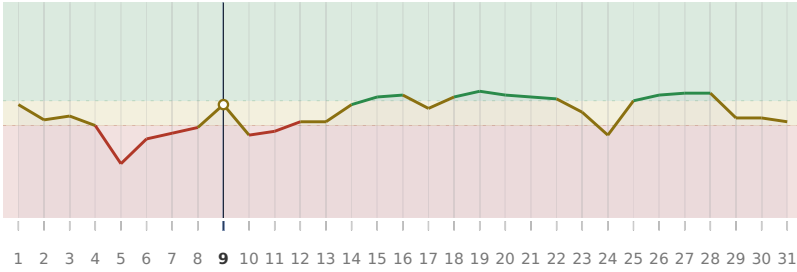
Finance ★★★★★☆



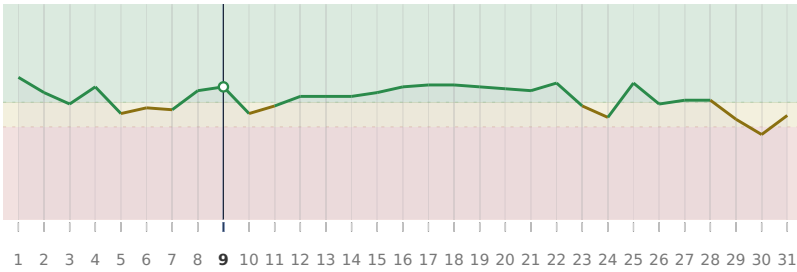
Travel ★★★☆☆



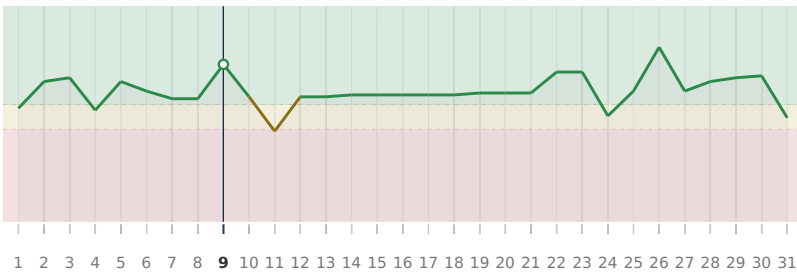
Career ★★★☆☆



Personal Growth ★★★☆☆



Communication ★★★★★



Contracts ★★★★★

