

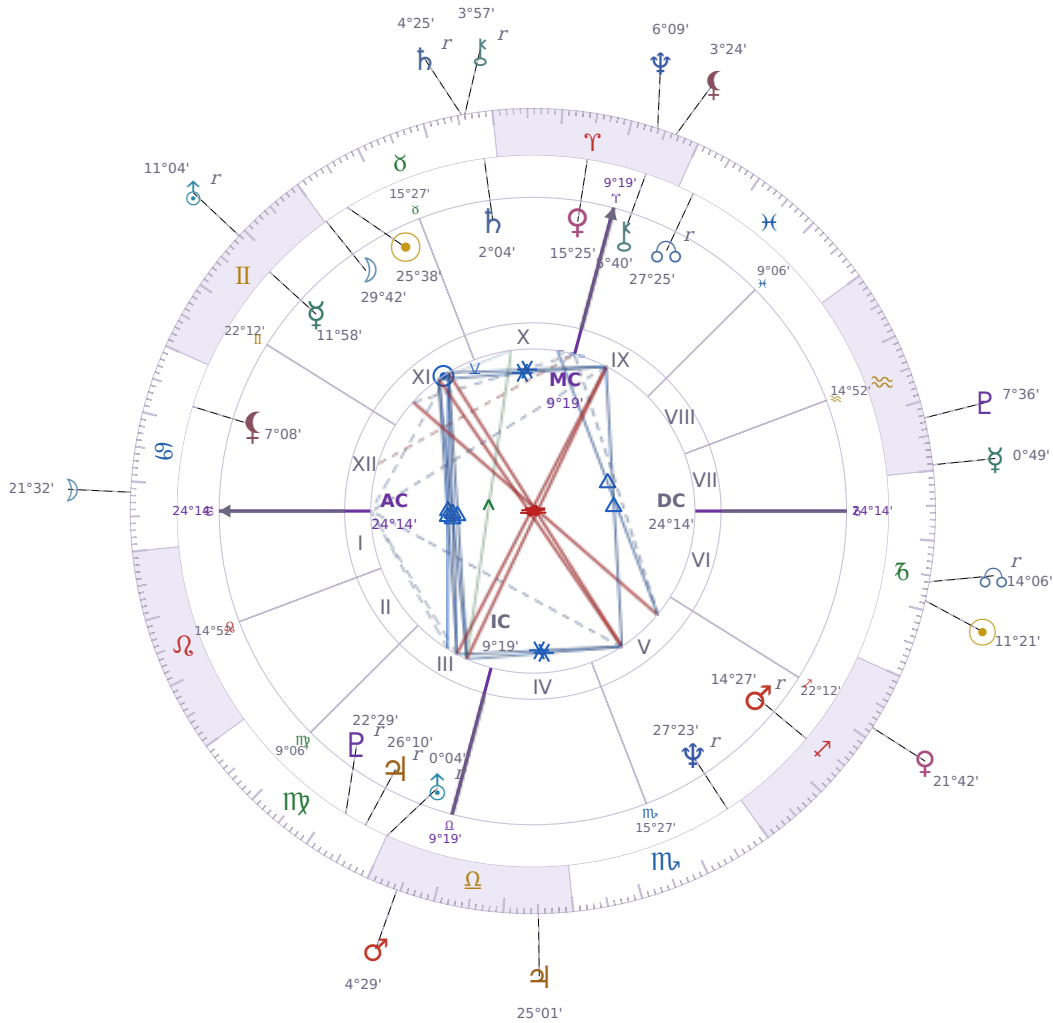
MONTHLY HOROSCOPE

Tucker Swanson McNear Carlson

American political commentator (born 1969)

♉ Taurus May 16, 1969 10:07 San Francisco

1 January - 31 January 2029



TRANSITS · 1ST OF JANUARY 2029

☉ Sun	in ♏ Capricorn	11°21'42"
☾ Moon	in ♋ Cancer	21°32'33"
☿ Mercury	in ♒ Aquarius	0°49'15"
♀ Venus	in ♐ Sagittarius	21°42'32"
♂ Mars	in ♎ Libra	4°29'27"
♃ Jupiter	in ♎ Libra	25°01'01"
♄ Saturn	in ♉ Taurus Rx	4°25'53"
♅ Uranus	in ♊ Gemini Rx	11°04'20"
♆ Neptune	in ♈ Aries	6°09'45"
♇ Pluto	in ♒ Aquarius	7°36'10"
♁ Chiron	in ♉ Taurus Rx	3°57'14"
♊ NNnode	in ♏ Capricorn Rx	14°06'37"
♁ Lilith	in ♈ Aries	3°24'45"

NATAL PLANETS

☉ Sun	in ♉ Taurus	25°38'16"	XI
☾ Moon	in ♉ Taurus	29°42'46"	XI
☿ Mercury	in ♊ Gemini	11°58'12"	XI
♀ Venus	in ♈ Aries	15°25'00"	X
♂ Mars	in ♐ Sagittarius	14°27'19"	V Rx
♃ Jupiter	in ♍ Virgo	26°10'12"	III Rx
♄ Saturn	in ♉ Taurus	2°04'36"	X
♅ Uranus	in ♎ Libra	0°04'09"	III Rx
♆ Neptune	in ♏ Scorpio	27°23'30"	V Rx
♇ Pluto	in ♍ Virgo	22°29'00"	III Rx
♁ Chiron	in ♈ Aries	5°40'23"	IX
♊ North Node	in ♋ Pisces	27°25'37"	IX Rx
♁ Lilith	in ♋ Cancer	7°08'35"	XII

KEY TRANSIT FACTORS

♄ Saturn ∠ Semi sextile ☾ natal Moon · peak 5 Jan ★

Over the coming weeks, you'll find it easier to **organize your feelings into practical steps** rather than getting stuck in emotional loops. Your emotional needs start to align with what you can actually do in your daily life, so you feel less pulled in two directions. This is a good time to set small routines that genuinely comfort you, since your practical side and your emotional side are working together instead of against each other.

♁ Lilith ♂ Conjunction ♁ natal Chiron · peak 21 Jan

You're becoming more aware of the ways you've learned to protect yourself by staying separate or defensive, and that awareness is making you uncomfortable right now. This period is pushing you to notice how **keeping people at a distance** actually stops you from getting the help or connection you need. Over the coming weeks, you may find yourself caught between your instinct to withdraw and a growing recognition that isolation isn't actually keeping you safe.

♃ Jupiter ♁ Quincunx ☉ natal Sun · peak 7 Jan

Over the coming weeks, you feel pulled toward bigger plans or ambitions but find the timing awkward — what looks promising on paper doesn't fit smoothly into your actual life right now. You may **start projects with real enthusiasm only to realize they need reworking** once you see how they actually slot into your schedule or resources. This period asks you to adjust your expectations rather than push forward unchanged, and that kind of practical recalibration takes patience.

♃ Jupiter ∠ Semi sextile ♃ natal Jupiter · peak 12 Jan

Over the coming weeks, you'll notice a quiet **boost in your confidence about making decisions** that affect your future. Small opportunities or lucky breaks show up without you having to push hard for them, and you feel more willing to say yes to them. This is *Jupiter* giving your natural optimism a gentle lift, so take advantage of any openings that match what you actually want right now.

♃ Jupiter ∠ Semi sextile ♆ natal Neptune · peak 31 Jan

Over the coming weeks, you'll find it easier to **notice small details others miss** and pick up on what people really mean when they talk. Your intuition is quieter than usual but more reliable, so you can trust those gut feelings about situations or other people. This is a good time to act on creative ideas or make sense of something confusing because your mind is unusually clear right now.

♃ Jupiter ♁ Quincunx ♁ natal NNode · peak 31 Jan

Over the coming weeks, you feel pulled toward new opportunities that don't quite fit your usual pattern, and this creates a practical tension you have to work through. You might say yes to something professionally or socially that requires you to **adapt your approach or learn something new**, even though it feels awkward at first. The mismatch between what you want to try and what comes naturally to you forces you to make a real choice about whether growth is worth the temporary discomfort.

♁ NNode ∠ Semi sextile ♂ natal Mars · peak 1 Jan

Over the coming weeks, you find yourself **more willing to take small risks and speak up for what you want**. People around you seem to respond better to your directness, and you notice you're not second-guessing yourself as much. This is a natural window where your practical confidence gets a gentle push forward, making it easier to pursue goals you've been putting off.

♆ Neptune ☌ Conjunction ☌ natal Chiron · peak 1 Jan

Right now you are more aware of where you feel inadequate or broken, and you may find yourself wanting to help others with similar pain instead of focusing on your own healing. This shift toward **helping others deflect from yourself** can feel noble but often leaves your own needs unmet. Over the coming weeks, watch whether you are actually listening to what you need or just getting lost in someone else's problems.

♁ NNode ☌ Quincunx ☌ natal Mercury · peak 31 Jan

Over the coming weeks, you'll notice your usual way of explaining things doesn't quite land the way it normally does. People seem to need you to say things differently than feels natural to you right now, which can be **awkward and frustrating** in conversations. The mismatch between what you want to communicate and what actually gets understood will push you to find new ways of thinking about how you talk to others.

♄ Saturn ☌ Semi sextile ☌ natal Chiron · peak 31 Jan

While this lasts, you're able to **turn your old wounds into practical wisdom** without getting stuck in the emotional weight of them. You notice yourself giving better advice to people who are struggling because you can draw on your own difficult experiences without reliving the pain. This period helps you build something solid and useful from what you've learned the hard way.

♅ Uranus ☌ Conjunction ☌ natal Mercury · peak 1 Jan

Right now your thinking is unusually **restless and unpredictable**, and you may find yourself jumping between ideas or changing your mind more often than usual. People around you might notice you're speaking differently—more bluntly, more rapidly, or bringing up subjects you normally wouldn't mention. Over the coming weeks, this can shake up how you communicate at work or in relationships, so it helps to notice when you're being impulsive with your words.

♁ NNode ☐ Square ☌ natal Venus · peak 1 Jan

Right now you are more **critical of your relationships and what you want from them**, and this makes it harder to enjoy the people close to you. You might find yourself questioning whether your partner, friends, or family actually fit what you need, or you push them away before they can disappoint you. Over the coming weeks, this friction can help you get honest about what you will and will not accept from others, but the process feels uncomfortable and isolating while it lasts.

♄ Chiron ☌ Semi sextile ☌ natal Chiron · peak 31 Jan

You find yourself more willing to talk about things that normally feel difficult or private, and people respond better than you expected. This period brings a quieter kind of confidence where you stop pretending everything is fine and actually **admit what you struggle with**. Small conversations about real problems start to shift how you feel about yourself and what you thought you had to hide.

♄ Chiron ☌ Conjunction ♄ natal Saturn · peak 13 Jan

Over the coming weeks, you become more aware of the **limits you've accepted without questioning them**. You notice old rules and boundaries that once felt necessary but now feel outdated or overly rigid. This period invites you to examine what you've built your stability on and whether those foundations still serve you.

♇ Pluto * Sextile ☌ natal Chiron · peak 1 Jan

Right now you find it easier to **talk about past hurts without getting stuck in them**, which means conversations about difficult experiences feel less raw than usual. You're more willing to listen to other people's pain too, and they seem to respond by opening up to you in ways that deepen your relationships. Over the coming weeks, this natural confidence in handling hard topics gives you a practical advantage in resolving conflicts that have been hanging around.

♄ Saturn Rx · ☌ Taurus

Long-term financial structures, material commitments, and patterns of security are under review during this period. What you have been relying on for stability may require more active maintenance than you had assumed. Honest reckoning with resources and long-term obligations is the most useful work you can do right now.

* = natal resonance — this transit echoes your birth chart, amplifying its influence

PROGRESSED MOON

- Progressed Moon in ♌ Leo 5.4° H1
- Progressed Moon △ Trine ☌ natal Chiron

LUNATIONS

● New Moon · Monday, 15 Jan

in ♄ Capricorn

long-term goals, ambition, structural reset

in H7 — Partnerships

A significant new chapter in your one-on-one relationships is beginning. Whether in **romantic partnership, business collaboration, or important agreements**, this lunation plants seeds that will mature over the next six months. The people you meet or commit to now carry lasting significance. If you've been considering a serious conversation with a partner or are ready to formalize a collaboration, this is the most supportive moment to take that step.

○ Full Moon · Tuesday, 30 Jan

in ♌ Leo

recognition, drama, creative culmination

in H1 — Self & Identity

Something significant about your identity and self-presentation is coming to a head. A situation that has been developing is now reaching a **turning point involving your confidence, independence, or personal direction**. Others see you clearly now — which can bring recognition but also reveals whatever you've been projecting unconsciously. Decisions made at this peak about how you want to show up in the world will carry lasting weight. Your personal needs deserve to come first.

KEY DATES

Mon, 1 Jan ☿ Mercury enters ♒ Aquarius

♆ Neptune ☌ Conjunction ♄ natal Chiron

♅ Uranus ☌ Conjunction ☿ natal Mercury

Mercury in *Aquarius* brings **clearer, more direct communication** — people tend to say what they actually think instead of softening their words, which works well in meetings but can feel blunt in casual conversations. At work and in friendships, you'll notice **more focus on logic and ideas** rather than emotions, making this a good time for problem-solving but a trickier period if someone needs emotional support. *Aquarius* also pushes thinking toward the **bigger picture**, so conversations shift from daily complaints to plans, systems, and what-if scenarios that feel more interesting but less immediately practical.

Sat, 6 Jan ♄ Saturn stations Direct

Saturn turning direct means **stuck decisions and delayed projects** can finally move again after months of standing still. What felt unclear or blocked in your work, finances, or long-term plans becomes **clearer and actionable** as *Saturn* pushes forward. The pattern most people notice is **real progress on what matters** — whether that's getting a commitment from someone, finishing something you started, or seeing results from hard work you put in during the retrograde.

Sun, 7 Jan ☿ Mercury stations Retrograde

When *Mercury* stations retrograde, **communication breakdowns and misunderstandings** become noticeably more common in daily life. Emails get lost, conversations get tangled, and people often need to **repeat themselves or clarify** what they meant the first time around. Travel plans, contracts, and tech devices tend to **glitch or require fixes**, so most people find themselves troubleshooting problems they thought were already solved.

Mon, 8 Jan ♀ Venus enters ♄ Capricorn

♆ Neptune ☌ Conjunction ♄ natal Chiron

Venus in *Capricorn* makes people **slower to commit** but more serious once they do—you notice yourself caring less about flashy romance and more about whether someone actually shows up. At work and in friendships, this transit brings **direct conversations** about what you actually want instead of hinting around, and people generally respect the honesty. Money matters get **practical attention** too, so you're more likely to check your budget, delay impulse buys, and think about long-term value rather than what feels good right now.

Sat, 13 Jan ♄ Chiron stations Direct

Chiron stationing direct means the **healing or learning process** you've been stuck on for months finally **moves forward again**, and you'll notice progress in whatever area felt frozen or repetitive. In practice, **clarity returns** about what actually helps—whether that's a health choice, a skill you're rebuilding, or how to handle a recurring problem—because you can see the full pattern now instead of going in circles. *Chiron* direct also lets you **stop second-guessing** what you've already figured out and start acting on those realizations, even if the fix isn't perfect.

Sun, 14 Jan ☿ Mercury enters ♄ Capricorn

♀ Lilith ☌ Conjunction ♄ natal Chiron

Mercury entering *Capricorn* shifts how you talk and think toward **practical results** — you'll notice yourself cutting out small talk and focusing on what actually matters at work or in conversations. People around you tend to **respect the directness** more during this time, even if your words feel plainer than usual, because *Capricorn* makes communication **efficient and honest**. At work especially, **planning and problem-solving** feel sharper; *Mercury* here rewards you for thinking several steps ahead instead of reacting on the spot.

Mon, 15 Jan New Moon in Capricorn

Sat, 20 Jan ☉ Sun enters ♒ Aquarius

Sun in *Aquarius* brings a **shift toward independence** and a stronger need to do things your own way instead of following the usual pattern. At work and in conversations, you'll **notice people speak up more** about ideas that feel different or go against what everyone expects. In relationships and friendships, **distance often increases** slightly as people pull back to focus on their own projects and interests rather than staying close to the group.

Sun, 21 Jan ♁ Lilith ☌ Conjunction ♄ natal Chiron

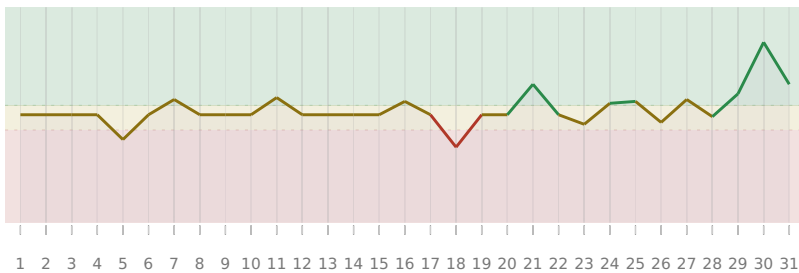
Sun, 28 Jan ☿ Mercury stations Direct

Mercury stationing direct means **conversations and decisions that felt stuck** will start moving again, and you'll notice **clarity returning** to emails, plans, and talks that were confusing before. At work and in daily life, **miscommunications often resolve themselves** once this station passes, and people tend to follow through on things they'd postponed. Over the next few days, **information you've been waiting for** usually arrives, and you'll feel ready to **commit to choices** you'd been sitting on.

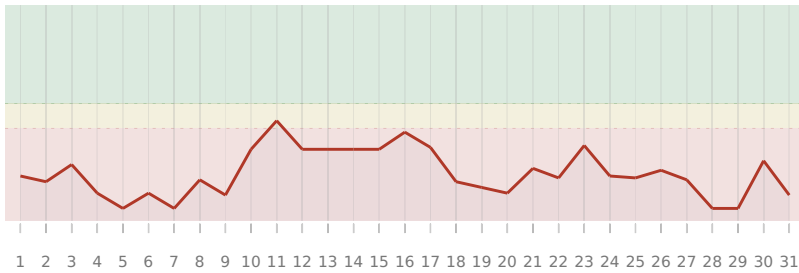
Tue, 30 Jan Full Moon in Leo

AREAS OF LIFE

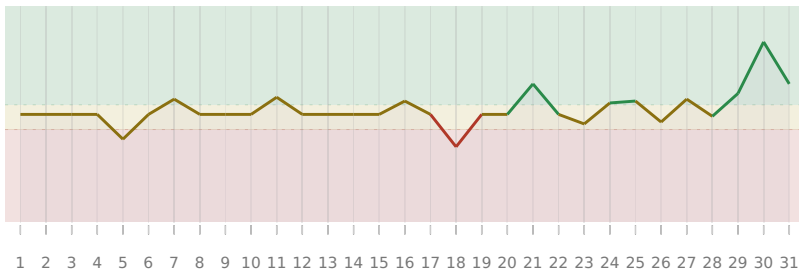
Love ★★★☆☆



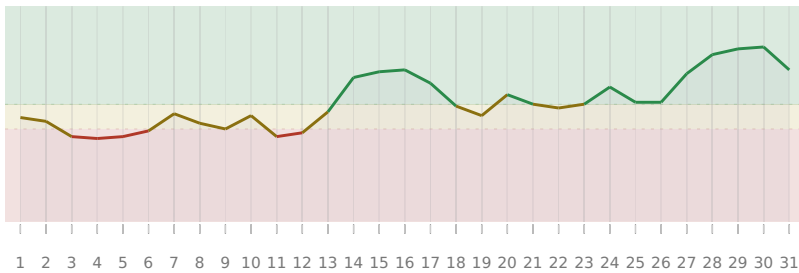
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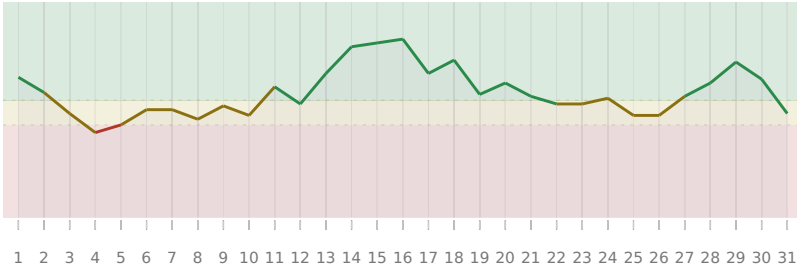
Creativity ★★★☆☆



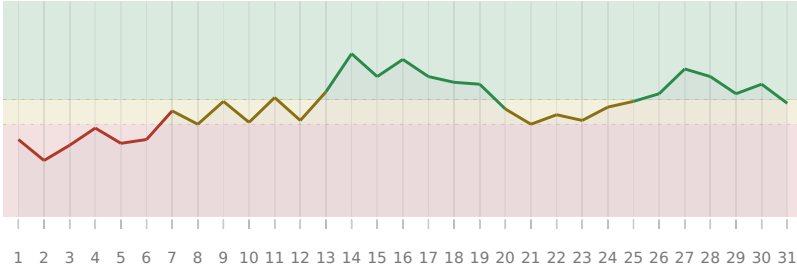
Spirituality ★★★★★



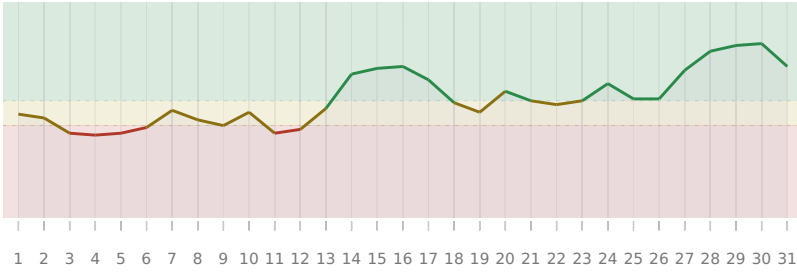
Health ★★★★★



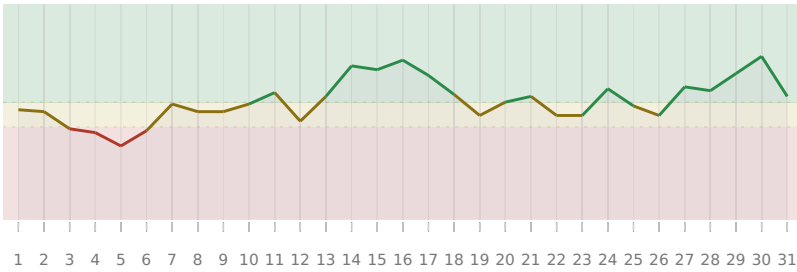
Finance ★★☆☆☆



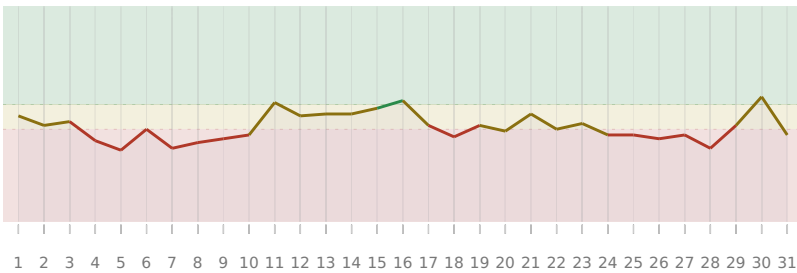
Travel ★★★★★



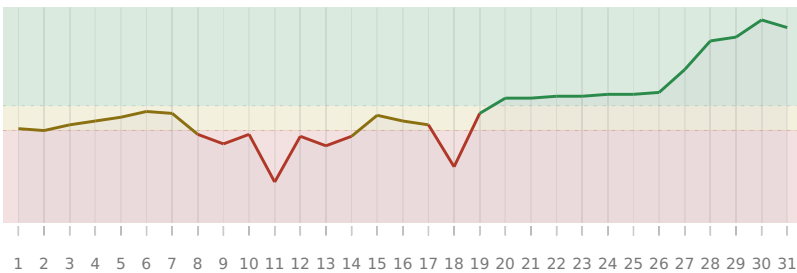
Career ★★★★★



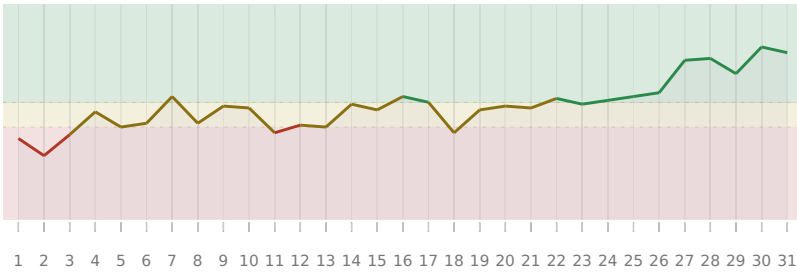
Personal Growth ★★☆☆☆



Communication ★★☆☆☆



Contracts ★★★☆☆



1 January - 31 January 2029

h Saturn Rx