



FULL MOON IN CANCER · SATURDAY, 3 JANUARY 2026

Capricorn

This ritual is about love and close partnerships.

Love, the kind that actually stays, is not found in grand gestures but in the slow, deliberate turning toward another person — and under this full moon in *Cancer*, you are practicing that turning.

PREPARATION

Face west. Let the room soften — reduce the light to something that makes faces look warmer and distances feel smaller, because tonight is about closeness, not clarity. Silence your devices and let the strings or piano you have chosen fill the silence between your breaths. Pour yourself something you associate with intimacy — a wine you would share, a tea you would make for someone you love — and hold it in both hands for a moment before drinking, feeling its warmth as if it were a hand pressed to yours. Close your eyes and picture the partnership you most want: not the fantasy of it, but the texture of it — the morning, the argument resolved, the hand in the dark, the ordinary tenderness of two people who have chosen each other again and again. Open your eyes only when something in you softens enough to receive what you are about to ask for. The ritual begins now.

THE RITUAL

Light the **dark green candle** and let its color remind you that love is a living thing, seasonal and rooted, not a fixed monument — **it grows when it is tended**.

Hold the **black tourmaline** in your non-dominant hand and spend a moment releasing any old relationship residue — any bitterness, any fear that has calcified into armor — letting the stone draw it out and away.

Add a few drops of **cypress** oil to your palms or a cloth and breathe it in slowly, feeling the ancient, grounding scent work on the part of you that wants love but is afraid of what love costs.

With your hands clasped around the **black tourmaline**, speak quietly to the person you want to call in — or speak to the partnership you want to deepen — as if they are close enough to hear, because under the *Cancer* full moon, **what you say in private carries surprising distance**.

Place the **black tourmaline** and the remaining **cypress** oil beside the **dark green candle** and sit in the music for a few minutes more, letting tenderness be the last thing you feel before the night is done.

YOU WILL NEED

dark green candle

black tourmaline

cypress

♪ chamber strings or soft piano, no lyrics