



FULL MOON IN CANCER · SATURDAY, 3 JANUARY 2026

Scorpio

This ritual is for travel, beliefs, and expanding horizons.

Somewhere beyond the edge of the life you currently know, there is a version of your story that begins with a single, terrifying, magnificent yes — and this full moon in *Cancer* is asking if you are ready to say it.

PREPARATION

Face south. Let the room feel less like a room and more like a threshold — push back whatever is close, reduce the light so that the edges blur and the space feels larger than it is. Silence your devices and let your chosen music establish a sense of somewhere else, somewhere wide and ancient. Pour yourself something with depth — a full-bodied red wine, or a dark, resinous tea — and hold it close to your face, breathing its complexity before the first sip, the way a traveler drinks in an unfamiliar place. Close your eyes and let your mind travel: picture somewhere you have never been but have always needed to see, a belief system you have been circling without committing, an idea so vast it rearranges everything if you let it in. Open your eyes when the pull of that horizon is fully alive in your body. The ritual begins now.

THE RITUAL

Light the **black candle** and watch the darkness around it deepen before the light asserts itself — this is the shape of all real expansion, and **you are practicing the willingness to not know before you know**.

Burn **myrrh** resin or incense and sit in its slow, ancient smoke for a full minute, letting the scent carry you somewhere older and wider than your current circumstances.

Hold the **obsidian** flat in your non-dominant hand and with your eyes half-open and soft, let it absorb any fear or contraction that has been standing between you and **the larger life you are meant to inhabit**.

Set the **obsidian** before the candle, and speak aloud — to the room, to the moon, to no one — one thing you genuinely believe that you have not yet said out loud, one horizon you want to move toward before the year ends.

Close the ritual by pressing the **obsidian** to your lips once — a seal, a promise, a passport — then set it beside the **black candle** and let the *Cancer* full moon carry your intention out to the edges of the possible.

YOU WILL NEED

black candle

obsidian

myrrh

♪ expansive world music or open orchestral