



NEW MOON IN AQUARIUS · MONDAY, 19 JANUARY 2026

## Capricorn

*This ritual is for money, income, and the material security that makes everything else possible.*

Security is not a wish — it is a structure, and every structure begins with a single deliberate act.

### PREPARATION

Face north. Ground the space before anything else: place your feet flat on the floor and feel the actual floor beneath them, press your palms to the surface in front of you, let the room be as solid and undistracted as you can make it. Silence every device, set deep forest sound or a low frequency tone to fill the quiet, and pour a drink that feels substantial — a dark tea, a stout, a full glass of water you sip deliberately — holding the vessel a moment before drinking, feeling its real weight. Close your eyes and picture your financial life not as an abstraction but as a physical landscape: the numbers that represent security, the work that earns them, the feeling of a bill paid, a buffer built, a need met without panic — let it be unglamorous and entirely real. Open your eyes only when you feel solid, not striving. The ritual begins now.

### THE RITUAL

Light the **dark green candle** and sit with both feet pressed to the floor, both hands resting heavily in your lap, taking three slow breaths while you **name the specific number or outcome you are working toward** — not vaguely, but with the precision of someone who has made up their mind.

Hold the **black tourmaline** in your dominant hand and squeeze it once, firmly, feeling its solidity as a mirror of the **groundedness and discipline you are bringing to your material life** under this *Aquarius* new moon.

Open the **cypress** essential oil or breathe from the dried herb, drawing the clean, resinous scent in slowly and letting it settle your nervous system — this is the scent of endurance, of things that last, of roots that hold through storms.

Sit quietly for five full minutes with the **black tourmaline** resting in your cupped hands, letting your mind move through the one financial action — concrete, scheduled, specific — that you will take before this moon is full, feeling it as something already in motion rather than something still hoped for.

Place the **black tourmaline** at the base of the **dark green candle**, set a drop of **cypress** oil on your wrists if you have it, and extinguish the flame with a slow, deliberate breath — steady as the security you are building.

### YOU WILL NEED

dark green candle

black tourmaline

cypress

♪ deep forest sounds or steady low-frequency tones