



NEW MOON IN AQUARIUS · MONDAY, 19 JANUARY 2026

Taurus

This ritual is for career, ambition, and the public life you are building with your own hands.

Ambition carried in silence still needs a night to be spoken aloud — this is that night.

PREPARATION

Face east. Set your space with intention — straighten what is crooked, remove what does not belong, so the surface before you feels like a clean page. Silence everything that could interrupt, and pour yourself a glass of something steady — a dry white wine, a strong green tea — holding it a moment before the first sip as a small act of deliberate presence. Close your eyes and picture the version of your work life you are calling forward: the title, the room, the feeling of being seen and trusted in exactly the way you have been quietly imagining. Let the details sharpen until you can almost feel the chair beneath you, the weight of something accomplished. Open your eyes only when the image feels solid, not wishful. The ritual begins now.

THE RITUAL

Light the **green candle** and sit with both hands open in your lap, letting the steadiness of the flame remind you that **direction and patience are the same force moving at different speeds.**

Hold the **rose quartz** in your non-dominant hand and with your dominant hand trace the outline of a door in the air before you — slowly, deliberately — as if you are drawing the entrance to the professional life you are ready to inhabit.

Scatter the **rose petals** in a line leading toward the candle, each petal placed with a breath and a single word that names a quality you are bringing to your work: *Aquarius* skies tonight favor the honest and the prepared.

Sit in the candlelight for five minutes and write — or simply hold in mind — the one concrete step you will take this week that moves you one degree closer to what you named; let the **rose quartz** remain in your hand as a **material anchor for that commitment.**

Gather the **rose petals** into a small pile with both hands, set the **rose quartz** on top of them beside the **green candle**, and extinguish the flame slowly, watching the smoke rise as the intention moves out into the world.

YOU WILL NEED

green candle

rose quartz

rose petals

♪ minimal focused ambient or slow ceremonial drumming