



NEW MOON IN AQUARIUS · MONDAY, 19 JANUARY 2026

## Gemini

*This ritual is for travel, expanding beliefs, and the wider world waiting beyond your familiar edges.*

Every map has an edge, and tonight something in you is ready to walk past it.

### PREPARATION

Face south. Open a window slightly if you can, letting a thread of outside air enter the room — the ritual works better when the world is already leaning in. Silence notifications, set your music to something that sounds like distance and movement, and pour yourself a light, bright drink — a sparkling water with lemon, a glass of white wine — holding it briefly as a small toast to wherever you are going next. Close your eyes and picture the destination or the belief or the teacher that is calling to you: the color of the light there, the sound of a language you do not yet speak, the particular feeling of arriving somewhere that expands your idea of who you are. Let the image breathe and shift as visions do, and open your eyes only when you feel a clean, forward-leaning readiness. The ritual begins now.

### THE RITUAL

Light the **yellow candle** and breathe in fully three times, imagining with each exhale that your awareness is extending outward — past this room, past this city, past the **comfortable borders of your current worldview**.

Hold the **citrine** up toward the candle flame so the light moves through it, turning it slowly and watching the light scatter, letting this be a physical reminder that *Aquarius* energy breaks things open before it builds them.

Crumble the dried **lavender** slowly between your palms, releasing the scent as you name aloud — or whisper, or simply think with full conviction — the one belief you are ready to **test, expand, or outgrow** in the season ahead.

Sit with the **citrine** resting on your open palm and let your mind wander freely for several minutes — do not steer it — and notice what distant image or unexpected idea surfaces; this is the direction the ritual is pointing you.

Place the **citrine** beside the **yellow candle** on a small bed of **lavender**, speak one word aloud that names the quality you are traveling toward — **courage, wonder, knowledge, freedom** — and extinguish the flame.

### YOU WILL NEED

yellow candle

citrine

lavender

♪ expansive world music or open orchestral