



NEW MOON IN AQUARIUS · MONDAY, 19 JANUARY 2026

## Scorpio

*This ritual is for home, family, and the deep emotional roots that hold you steady.*

What you come from is not the past — it is the ground still underneath your feet.

### PREPARATION

Face north. Spend a few minutes making your space genuinely comfortable — not decorated, but felt: a blanket nearby, a familiar object in reach, the sense that the room is on your side. Silence everything that carries the outside world in, and pour a cup of something warming and familiar — a dark tea, a mug of warm milk, a small glass of something your family would recognize — holding it in both hands before drinking, letting it carry a memory. Close your eyes and picture the home you are tending or calling in: the smell of it, the quality of the light in the room you love most, the faces that belong there — let the rootedness of it move through you like something you already know. Open your eyes only when you feel genuinely gathered, not scattered. The ritual begins now.

### THE RITUAL

Light the **black candle** slowly and deliberately, and as the flame takes hold, name aloud — without explanation, without apology — the one person, place, or feeling that has always meant *home* to you, letting the word land with its full weight.

Hold the **obsidian** in both hands and feel the density of it, the cool solidity, and let it remind you that **emotional roots are not weakness — they are the architecture beneath everything you have built.**

Burn a small amount of **myrrh** or breathe deeply from its container, letting the ancient, resinous scent move through you as you sit with this question: what does the home of the next chapter of your life feel, sound, and smell like under the clear, wide sky of *Aquarius*?

With the **obsidian** resting in your lap and the **myrrh** slowly working through the air, spend five minutes in genuine stillness — not meditation as performance, but the simple act of **being present inside a body that has carried you here.**

Set the **obsidian** at the base of the **black candle** as an anchor, rest both palms flat on the surface, feel the solidity beneath your hands, and extinguish the flame — letting the smoke carry your intention upward and outward from this **very specific and beloved place.**

### YOU WILL NEED

black candle

obsidian

myrrh

♪ soft rain and warm piano, no lyrics