



NEW MOON IN AQUARIUS · MONDAY, 19 JANUARY 2026

Sagittarius

This ritual is for communication, learning, and the living connections close to your everyday world.

Ideas move the way water does — always finding the path, always shaping what they touch.

PREPARATION

Face south. Open a notebook or a single sheet of clean paper and set it in front of you — not to write in yet, but as a gesture of readiness, a signal that words matter here. Silence notifications, let birdsong or light guitar fill the space, and pour something bright and clear — a sparkling water, a light tea, a glass of something that tastes like a fresh start — holding it a moment before you sip, as a small promise to pay attention. Close your eyes and picture a conversation you want to have, a subject you want to learn, a person nearby whose mind you want to meet more fully — feel the particular aliveness of an idea being exchanged, the quick warmth of genuine understanding, the satisfaction of being both fully heard and fully curious. Open your eyes only when that feeling is present in the room. The ritual begins now.

THE RITUAL

Light the **purple candle** and in the first minute of the flame, speak one sentence aloud to the empty room — anything, a thought you have been turning over, a question with no answer yet — and listen to **how your own voice sounds when the space is quiet enough to hear it.**

Hold the **lapis lazuli** in your dominant hand and press it briefly to your throat, then to your temple, then to your heart — three points of the same circuit — feeling how **thought, speech, and feeling move together** when they are aligned, under the inventive skies of *Aquarius*.

Pass the **sage** — burning, if you are able, or simply opened and breathed — through the air before you in a slow figure-eight, clearing the mental space the way you clear a room before company arrives, making room for **sharper thinking and braver conversation.**

Write on the paper before you — or trace in the air above it — the name of one conversation you have been postponing, one subject you have been meaning to explore, one local connection you want to deepen; set the **lapis lazuli** on top of the paper as a **physical act of commitment.**

Hold the **lapis lazuli** up to the **purple candle** flame one final time, say the name you wrote aloud once more, and extinguish the candle — the intention set, the channel open, the next conversation already on its way.

YOU WILL NEED

purple candle

lapis lazuli

sage

♪ light acoustic guitar or morning birdsong