



NEW MOON IN PISCES · WEDNESDAY, 18 FEBRUARY 2026

Capricorn

This ritual is for communication, learning, and local connections.

The most extraordinary ideas in your life will arrive as ordinary conversations with people who live very close to you.

PREPARATION

Face south. Lighten the space — open a blind, move something that has been sitting still too long, let the room feel awake and curious. Silence your devices and allow birdsong or a gentle acoustic guitar to filter into the room as if it arrived through a window. Pour a bright tea — green or citrus — hold the warm cup lightly, and take one sip with genuine attention to its taste, because this ritual is about noticing. Close your eyes and picture the conversation you most want to have, the idea you most want to explore, or the person nearby whose story you have not yet heard — follow that thread with your imagination until it leads somewhere interesting. Open your eyes when you feel that particular readiness of a person who has something to say. The ritual begins now.

THE RITUAL

Light the **dark green candle** and place it at eye level in front of you, letting its steady glow represent **the mind fully engaged and the voice fully available** under this *Pisces* new moon.

Hold a small branch or few drops of **cypress** oil near the flame and breathe in its clear, resinous sharpness as a way of **sharpening mental focus and clearing the static** that has been making communication feel harder than it needs to be.

Take the **black tourmaline** in your writing hand and, speaking at normal conversational volume, state one thing you have been wanting to say or one thing you genuinely want to learn — clearly, specifically, without softening it into vagueness.

Set the **black tourmaline** beside the **dark green candle** and spend five minutes writing — by hand — the first lines of the message, idea, or question you named, letting the stone hold **the intention of grounded, effective communication** while your hand moves.

Fold the paper once, tuck the **black tourmaline** inside the fold, and place it somewhere near where you do your writing or talking until the intention has moved from paper into the world, then extinguish the **dark green candle** with a breath.

YOU WILL NEED

dark green candle

black tourmaline

cypress

♪ Light acoustic guitar or morning birdsong.