



NEW MOON IN PISCES · WEDNESDAY, 18 FEBRUARY 2026

## Cancer

*This ritual is for travel, beliefs, and expanding horizons.*

The world does not get larger when you travel — it turns out it was always this size, and you were simply standing too close to one corner of it.

### PREPARATION

Face south. Open a window slightly if the weather allows, or simply loosen the room — let it breathe the way a landscape does. Silence your devices and allow the music to fill the space before anything else happens. Steep a cup of chamomile tea and hold the warm mug in both hands, breathing in the steam before your first slow sip, as if you are already somewhere else, somewhere you have not yet been. Close your eyes and let yourself travel: choose a place or a belief or an idea that has been calling to you, and move toward it in your imagination with your full senses open. Open your eyes when something inside you feels wider than it did a moment ago. The ritual begins now.

### THE RITUAL

Light the **white candle** and set it at the south edge of your space, letting it stand for **the open road, the open mind, and the horizons still waiting for you** under this *Pisces* new moon.

Brew or pour chamomile tea if you have not already, and place the **chamomile** loosely around the base of the candle, each piece a small offering to **the journeys you are calling in** — literal or philosophical.

Hold the **moonstone** in your non-dominant hand and close your eyes for one full minute, letting the orchestral music carry you somewhere you have genuinely never been, noticing every detail your imagination offers.

Open your eyes and, speaking to the flame, name one belief you are ready to expand or one place you intend to reach before this lunar cycle ends — say it plainly, without apology, as a **genuine statement of direction**.

Place the **moonstone** inside your bag or coat pocket — the one you use when you leave the house — where it will travel with you as a **reminder that you set something in motion tonight**, and let the **white candle** burn until it is ready to rest.

### YOU WILL NEED

white candle

moonstone

chamomile

♪ Expansive world music or open orchestral.