



NEW MOON IN ARIES · THURSDAY, 19 MARCH 2026

Cancer

This ritual is for career, ambition, and public life.

Ambition is not a flaw — it is the soul's most honest map of where it needs to go.

PREPARATION

Face east. Stand before your space and straighten it with clear, deliberate movements — nothing left to chance, nothing left to drift — because the ambition you are tending tonight asks for an ordered container. Silence every distraction without apology, because direction requires the ability to hear your own instincts over the noise. Pour a strong, clear tea — green or white, something clean — hold it in both hands, feel how grounded and warm the cup is, and take one mindful sip before you set it down. Close your eyes and build the most specific image you can of your ambition made real: the room you are in, the work in your hands, the expression on your face when you know you have arrived somewhere you built yourself. Open your eyes only when that image has a solid floor beneath it.

THE RITUAL

Light the **white candle** with a clear and unhurried hand, letting the act of lighting it signal to your nervous system that **the work of calling in your public life begins now.**

Brew a small cup of **chamomile** tea if you have not already, and hold it as you sit — letting its steady warmth remind you that calm and ambition are not opposites under this *New Moon in Aries*.

Take the **moonstone** and hold it in your less dominant hand — your receiving hand — while you speak aloud the single most important professional intention of this season, saying it once quietly and then once at full voice.

Set the **moonstone** beside the **white candle** and write on a small piece of paper the one next concrete step your ambition requires, fold it once toward you, and place it beneath the stone as a **private contract with your own direction.**

Let the candle burn as you finish your **chamomile** tea in full silence, and as you drink the last sip, affirm inwardly that **you are already in motion**, even before anything changes in the visible world.

YOU WILL NEED

white candle

moonstone

chamomile

♪ minimal focused ambient or slow ceremonial drumming