



NEW MOON IN ARIES · THURSDAY, 19 MARCH 2026

Leo

This ritual is for travel, beliefs, and expanding horizons.

Somewhere beyond the edge of what you currently believe, the most interesting version of your life is already waiting to be found.

PREPARATION

Face south. Open the space around you generously — push things back, give yourself room, because what you are calling in tonight does not fit in a tight corner. Silence all smaller concerns with a single firm gesture, perhaps a literal sweep of the hand across the table, and let the room feel as open as a question worth following. Pour a glass of something rich — a bold wine, a honeyed tea, something that tastes like somewhere else — hold it, breathe it, sip it slowly and let it carry a suggestion of distance. Close your eyes and picture yourself somewhere you have not yet been: the quality of the light, the sounds underfoot, the way your body feels when it is learning something so large it changes the shape of what you believe. Open your eyes only when the destination feels genuinely possible.

THE RITUAL

Light the **gold candle** and hold your palms open above the flame at a safe distance, letting the heat register as a physical reminder that **expansion asks you to feel something before you understand it.**

Light a small piece of **frankincense** resin or place it near the candle's warmth, and as its smoke rises under this *New Moon in Aries*, breathe it in as an invitation to **release the beliefs that have been keeping the world small.**

Hold the **pyrite** in your right hand and name aloud one place, one philosophy, or one area of knowledge you are committing to explore with genuine seriousness before this lunar cycle closes.

Set the **pyrite** before the **gold candle** and spend five minutes in stillness, eyes open and soft, letting the candlelight and **frankincense** hold the space while you simply allow your mind to move toward the largest version of what is possible for you.

Close by pressing the **pyrite** briefly to your forehead — the seat of vision — then placing it in your pocket or bag to carry as a **physical reminder that your horizons are actively expanding.**

YOU WILL NEED

gold candle

pyrite

frankincense

♪ expansive world music or open orchestral