



NEW MOON IN ARIES · THURSDAY, 19 MARCH 2026

Virgo

This ritual is for deep transformation, shared finances, and inner healing.

The dark is not the absence of light — it is the place where the real work has always been waiting for you to arrive.

PREPARATION

Face west. Clear the space before you with slow, thorough hands, removing anything that feels false or performative, and let what remains be only what is genuinely yours. Silence everything with a finality that means it, because the depth you are about to enter asks for absolute quiet. Pour a glass of dark, warm wine or a bitter herbal tea — something with body and weight — hold it in both hands and let it be heavy before you sip, acknowledging that what you are meeting tonight is also heavy and also real. Close your eyes and let yourself look at the thing you have been turning away from — the financial knot, the inherited wound, the pattern running underneath the surface of ordinary days — and do not look away until you can see its actual shape. Open your eyes only when you feel ready to move toward it rather than around it.

THE RITUAL

Light the **brown candle** and let it burn without rushing, understanding that this flame marks the beginning of a meeting between you and **the deeper financial or emotional truth** this season is asking you to face.

Lay a sprig or pinch of **rosemary** across your left palm and breathe its sharp, clarifying scent deeply — letting it cut through confusion and bring you to **the clear and honest version of what needs to change** under this *New Moon in Aries*.

Hold the **amethyst** to the center of your chest and sit in genuine stillness for five full minutes, allowing it to draw out whatever has been stored there without analysis, without story, without needing to fix it yet.

Speak aloud — plainly and without drama — one truth about your shared resources, your healing, or your deepest self that you have not said out loud before, and let the quiet room receive it without judgment.

Place the **amethyst** before the **brown candle** with the **rosemary** laid across it, press both hands flat on the table, and hold the weight of this moment — **this is not an ending, it is the first honest step of something real.**

YOU WILL NEED

brown candle

amethyst

rosemary

♪ deep Tibetan singing bowls or low drone