



NEW MOON IN GEMINI · SUNDAY, 17 MAY 2026

Aries

This ritual is for communication, learning, and local connections.

Words are seeds, and a New Moon in Gemini plants them in the most fertile soil of the year.

PREPARATION

Face south. Clear the surface in front of you — move anything that doesn't belong, and let the space breathe. Silence your phone and close any open doors so the room holds its own quiet. Pour a glass of warm spiced tea, hold the cup between both palms, feel the heat travel into your hands, and take one slow sip before setting it down. Close your eyes and picture a conversation that changes something — hear the words landing clearly, see the face of the person receiving them, feel the satisfaction of being genuinely understood. Open your eyes only when that image feels solid and alive inside you. The ritual begins now.

THE RITUAL

Light the **red candle** and watch the flame settle, knowing that this small fire is calling **sharp, confident expression** into your daily life.

Hold the **carnelian** in your writing hand and say aloud the one idea, message, or connection you have been circling without committing — say it plainly, as if someone important is finally listening.

Pinch a small amount of **cinnamon** and dust it in a loose ring around the base of the candle, drawing a warm boundary that marks this intention as **real and in motion** under the *Gemini* sky.

Sit with the **carnelian** pressed to your throat for one full minute, breathing slowly, letting the stone carry the weight of every word you have held back too long.

When the minute ends, set the **carnelian** beside the **red candle** and let them burn together until the flame goes out on its own, sealing the intention in warmth and light.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ light acoustic guitar or morning birdsong