



FULL MOON IN CAPRICORN · TUESDAY, 30 JUNE 2026

## Scorpio

*This ritual is for communication, learning, and local connections.*

Every conversation that has ever changed your life began with someone deciding it was worth saying something honest out loud.

### PREPARATION

Face south. Open the windows or at least open the curtains — this ritual wants air moving through it, the feeling of a world near and accessible and full of voices worth hearing. Let birdsong or guitar carry a sense of lightness and proximity into the room, and silence your phone not out of solemnity but out of focus. Pour a cup of strong coffee or bright mint tea, and take one alert, awake sip before setting the cup down. Close your eyes and picture yourself in the middle of a conversation that genuinely matters — you are understood, you understand in return, and the exchange leaves both people more alive than before. Hold that image until it feels not like a fantasy but like something that happens to people, including you. Open your eyes and let the energy in the room feel a little faster, a little sharper. The world is close.

### THE RITUAL

Light the **black candle** with a quality of alert attention — not solemnity, but presence — letting the flame represent the **spark that travels between minds when real communication lands**.

Pass the **myrrh** resin or incense through the air above the candle and let its smoke trace a loose spiral, as if drawing ideas upward and outward, **clearing the space for clear thought and clear speech**.

Hold the **obsidian** in your dominant hand and state aloud one thing you have been wanting to say — to a neighbor, a sibling, a colleague, a friend — that you have been editing or withholding under this *Capricorn* Full Moon.

Write that same statement on a small piece of paper and set the **obsidian** on top of it, pressing it flat as if **grounding intention in the real, local, physical world** where the conversation will actually happen.

Let the **black candle** and **myrrh** burn as you fold the paper and keep it with the **obsidian** until you have said the thing you named, at which point you may burn or bury the paper as a **seal on the completed act**.

### YOU WILL NEED

black candle

obsidian

myrrh

♪ light acoustic guitar or morning birdsong