



FULL MOON IN PISCES · FRIDAY, 28 AUGUST 2026

Cancer

This ritual is for travel, beliefs, and expanding horizons.

Something in you already knows the direction you are supposed to travel — this moon simply makes it legible.

PREPARATION

Face south. Open a window if you can — just a crack, enough to let the night air in and remind your body that the world extends far beyond this room. Turn off notifications and let the music fill the space with the feeling of distance. Pour a glass of wine or warm tea, hold it in both hands, breathe in its warmth before drinking, and let a single sip travel all the way down. Close your eyes and picture yourself somewhere genuinely far away — a road, a city, a landscape that calls to something unresolved in you — and feel the texture of that place under your feet. Open your eyes only when the image has made you curious rather than restless.

THE RITUAL

Light the **white candle** and face south with it burning before you, letting the flame feel like a lantern held up against the unknown terrain of **everything you have not yet believed possible for your life**.

Hold the **moonstone** in your non-dominant hand and slowly rotate it, watching the light shift across its surface under the *Pisces* full moon's influence, as though it were a small globe turning in your palm.

Brew or sprinkle a pinch of **chamomile** into your remaining tea or into a small bowl of warm water, and inhale its gentle steam as you name aloud **one belief you are ready to expand beyond its current edges**.

Press the **moonstone** to your forehead for three slow breaths, feeling its cool weight against the place where visions live, and let yourself receive — without editing — whatever image or direction arrives.

Set the **moonstone** beside the **white candle** and the **chamomile**, bow your head once to the south, and extinguish the flame with a long exhale — you have pointed yourself toward the horizon.

YOU WILL NEED

white candle

moonstone

chamomile

♪ expansive world music or open orchestral