



NEW MOON IN VIRGO · THURSDAY, 13 AUGUST 2026

## Cancer

*This ritual is for communication, learning, and local connections.*

Every word you will ever say with precision began as a feeling you had not yet learned to name.

### PREPARATION

Face south. Open a window slightly if you can, or simply let the room breathe — air moves ideas the way water moves seeds. Silence your phone and let birdsong or a light acoustic melody fill the background like a conversation already underway. Pour a cup of chamomile tea if you have it, or anything pale and warm, and hold it a moment before you sip, noticing its clarity. Close your eyes and imagine the exchange you are calling in: a conversation that changes something, a piece of knowledge that opens a door, a neighbor or classmate or stranger who arrives exactly when needed — hear the words, feel the spark. Open your eyes when curiosity has replaced caution. The ritual begins now.

### THE RITUAL

Light the **white candle** and let its clean light settle the space, as though a room is being prepared for good conversation.

Brew or place a small bowl of **chamomile** near the flame and breathe its steam slowly, letting your mind loosen toward **openness, curiosity, and clear expression**.

Hold the **moonstone** up to the candlelight and watch the light shift inside it — notice how meaning, like this stone, is always moving, never entirely fixed.

Speak aloud one thing you have wanted to say and have not, or name one thing you want to learn before this lunar cycle ends, and let your words dissolve into the room.

Set the **moonstone** on top of the dried **chamomile** beside the **white candle**, and sit quietly for a moment, knowing you have sent the signal — now you wait for the reply.

### YOU WILL NEED

white candle

moonstone

chamomile

♪ light acoustic guitar or morning birdsong