



NEW MOON IN AQUARIUS · SUNDAY, 7 FEBRUARY 2027

Aquarius

This ritual is for personal identity, confidence, and the fresh beginning that is asking to start with you.

There is a frequency that is entirely yours, and tonight the new moon in *Aquarius* is tuned to it.

PREPARATION

Face east. Stand before your space for a moment before sitting — stand in it, take up room in it, let your body be large and present in the way you are learning to be large and present in the world. Silence your devices and set bold, rhythmic music to fill the air — let it be music that moves the pulse — and pour a drink that feels like a statement: a cold glass of something sharp and clear, a strong tea, a wine you have been saving. Hold it a moment before drinking, as an act of ceremony, of noticing. Close your eyes and picture the version of yourself you are growing into — not a performance of confidence, but the actual feeling of moving through the world as exactly who you are: your voice at its fullest, your instincts trusted, your presence neither explained nor diminished. Let the image be vivid and slightly thrilling. Open your eyes only when you feel the shift, the forward tilt, the readiness. The ritual begins now.

THE RITUAL

Light the **blue candle** and stand over it for a moment before sitting, letting the flame be at the level of your hands — feel the warmth of it and let it signal that something is **beginning tonight, not continuing**.

Hold the **aquamarine** against your throat for thirty seconds, then press it to your forehead, then hold it out at arm's length toward the east — tracing the line from **voice to mind to the direction of everything ahead**, feeling *Aquarius* clarity move through each point.

Open the **bergamot** oil and place one drop on the inside of each wrist, pressing them together and breathing in — the scent bright and distinctive, like something that refuses to blend in — letting it anchor the intention of **being unmistakably, unapologetically yourself**.

Sit with the **aquamarine** in your lap and the **bergamot** still alive on your skin, and say aloud one thing — one quality, one ambition, one way of moving through the world — that you are claiming in this new season, not as a wish but as a declaration made to the candle and the dark and yourself.

Press both palms flat on the surface, feel the ground, set the **aquamarine** in front of the **blue candle**, breathe in the last of the **bergamot** scent, and extinguish the flame — letting the **declaration stand in the silence that follows**.

YOU WILL NEED

blue candle

aquamarine

bergamot

♪ energetic drumming or bold orchestral swells