



FULL MOON IN ARIES · WEDNESDAY, 4 OCTOBER 2028

## Virgo

*This ritual is for deep transformation, shared finances, and inner healing.*

The things that have the most power over us are the ones we have not yet agreed to look at directly.

### PREPARATION

Face west. Slow down before you begin — move more deliberately than usual, set each object in its place with both hands, let the act of preparation itself be a kind of descent into what matters. Silence every device and let the low, resonant music begin so the room has already shifted by the time you are ready. Pour a glass of deep red wine or dark, strong tea and hold it without drinking for a moment, feeling the weight of the cup and what tonight asks of you — then drink slowly. Close your eyes and let yourself look clearly at something you have been circling without facing: a truth about your resources, your healing, or what you owe yourself — do not look away, simply stay with it. Open your eyes only when you feel steady enough to work with it. The ritual begins now.

### THE RITUAL

Light the **brown candle** without ceremony — no flourish, no performance — just the quiet, grounded act of **deciding to be present in the dark rather than absent from it.**

Take the **amethyst** and press it to your forehead for three slow breaths, asking it to help you see clearly what has been obscured, particularly around **shared resources, emotional debts, or the places where your healing has stalled.**

Bruise a sprig of **rosemary** between your fingers and breathe its sharp, clarifying scent — let it cut through any remaining hesitation and bring you fully into the honest work of this moment.

Name aloud — to no one but the *Aries* moon and yourself — one thing you are ready to transform: a pattern, a financial reality, a wound you are done carrying in silence.

Place the **amethyst** at the base of the **brown candle** and lay the **rosemary** beside it, and sit quietly until the candle has burned for at least fifteen minutes — this is not waiting, this is the work itself.

### YOU WILL NEED

brown candle

amethyst

rosemary

♪ deep Tibetan singing bowls or low drone