



FULL MOON IN ARIES · WEDNESDAY, 4 OCTOBER 2028

Virgo

This ritual is for deep transformation, shared finances, and inner healing.

The things that have the most power over us are the ones we have not yet agreed to look at directly.

PREPARATION

Face west. Slow down before you begin — move more deliberately than usual, set each object in its place with both hands, let the act of preparation itself be a kind of descent into what matters. Silence every device and let the low, resonant music begin so the room has already shifted by the time you are ready. Pour a glass of deep red wine or dark, strong tea and hold it without drinking for a moment, feeling the weight of the cup and what tonight asks of you — then drink slowly. Close your eyes and let yourself look clearly at something you have been circling without facing: a truth about your resources, your healing, or what you owe yourself — do not look away, simply stay with it. Open your eyes only when you feel steady enough to work with it. The ritual begins now.

THE RITUAL

Light the **brown candle** without ceremony — no flourish, no performance — just the quiet, grounded act of **deciding to be present in the dark rather than absent from it.**

Take the **amethyst** and press it to your forehead for three slow breaths, asking it to help you see clearly what has been obscured, particularly around **shared resources, emotional debts, or the places where your healing has stalled.**

Bruise a sprig of **rosemary** between your fingers and breathe its sharp, clarifying scent — let it cut through any remaining hesitation and bring you fully into the honest work of this moment.

Name aloud — to no one but the *Aries* moon and yourself — one thing you are ready to transform: a pattern, a financial reality, a wound you are done carrying in silence.

Place the **amethyst** at the base of the **brown candle** and lay the **rosemary** beside it, and sit quietly until the candle has burned for at least fifteen minutes — this is not waiting, this is the work itself.

YOU WILL NEED

brown candle

amethyst

rosemary

♪ deep Tibetan singing bowls or low drone