



NEW MOON IN TAURUS · TUESDAY, 25 APRIL 2028

## Taurus

*This ritual is about personal identity, confidence, and new beginnings.*

What would it feel like to walk through the world as if the version of you that you have been quietly rehearsing had finally arrived?

### PREPARATION

Face east. Open a window if you can, or simply stand where the air feels freshest — the east is the direction of the rising sun, and you are here to rise with it. Clear away anything in your line of sight that belongs to an older version of yourself — a pile of waiting tasks, a coat left from last season — and feel the space open like a page that has not yet been written. Pour yourself a glass of something that feels like a small celebration — sparkling water, wine, cold elderflower — and hold it at chest height for a moment, as if making a toast to the person you are becoming before you drink. Close your eyes and picture yourself walking into a room as fully and completely yourself — the way you move, what you are wearing, the expression on your face — hold that image until it feels less like fantasy and more like memory. Open your eyes when something in your chest lifts. The ritual begins the moment you decide you are ready to be seen.

### THE RITUAL

Light the **green candle** and take one long breath in through the nose, understanding that this flame marks the beginning of a new chapter under the *New Moon in Taurus* — unhurried, unshakeable, and entirely yours.

Scatter the **rose petals** in a loose arc in front of the candle, each one placed deliberately as you name aloud one quality of yourself that you are ready to lead with from this moment forward.

Lift the **rose quartz** and hold it at the center of your chest with both hands — feel its weight and its smoothness — and let **your truest self** press back against it from the inside.

Speak your full name clearly into the room, then speak the name of the one thing you are beginning — not wishing for, but beginning — as if introducing yourself and your intention to the night.

Set the **rose quartz** at the center of the **rose petals**, place one hand over your heart, and stay with the flame long enough to know — not hope, but know — that something has shifted.

### YOU WILL NEED

green candle

rose quartz

rose petals

♪ energetic drumming or bold orchestral swells