



FULL MOON IN CAPRICORN · FRIDAY, 7 JULY 2028

## Virgo

*This ritual is for romance, creativity, and the pleasure of being alive.*

Something in you has been waiting for permission to want what it wants without first making a case for it.

### PREPARATION

Face south. Let the room feel a little indulgent — rearrange one thing for pure aesthetic pleasure, let the music wander in and make the space feel less serious and more alive. Silence what is urgent and pour yourself a glass of wine or something warm and fragrant, taking one slow, appreciative sip as if you are giving yourself permission to enjoy what is good. Close your eyes and picture something you have created, or a romantic moment of real connection — feel the specifics: the color, the warmth, the sense of being wholly present in something that brings you alive without apology. Open your eyes only when the image has made you feel something worth chasing. Pleasure is not a distraction from your life; it is a direct line to the best of it.

### THE RITUAL

Light the **brown candle** and let its earthy warmth anchor the playful energy of this ritual in something **real and sensory** rather than merely aspirational.

Crush a sprig of **rosemary** between your fingers and run your hands through your hair or across your shoulders, marking yourself with its sharp green scent as someone who is **present in their body and open to joy**.

Hold the **amethyst** in your dominant hand and speak aloud one creative project or romantic desire you have been deferring, naming it with the same directness you would use for something you intend to actually do under this *Capricorn* Full Moon.

Place the **amethyst** against your lips for one moment — not theatrically, but as a private act of **claiming the desire as yours** — then set it before the candle.

Let the **rosemary** and **amethyst** remain near the burning **brown candle** through the night, and close the ritual by doing one small creative act immediately — a sketch, a note, a single line of something — as proof to yourself that this was not only ceremony.

### YOU WILL NEED

brown candle

amethyst

rosemary

♪ gentle jazz or sensual acoustic strings