



NEW MOON IN LEO · SATURDAY, 22 JULY 2028

## Leo

*This ritual is for personal identity, confidence, and new beginnings.*

There is a version of you that has already decided — this is the moment you catch up to them.

### PREPARATION

Face east. Stand before your space and make it worthy of what you are about to call in — straighten what is crooked, push back what crowds the center, because you are about to take up your rightful space and the room should already know it. Let drumming or orchestral sound build around you until the air itself feels charged. Pour a glass of something celebratory — wine, sparkling water, a rich dark tea — and hold it up for a moment as though raising a toast to the self that is about to arrive, then drink. Close your eyes and picture yourself walking into a room — any room — as completely, unmistakably yourself, knowing what you offer and needing no one to confirm it; hold that image until it feels like memory rather than hope. Open your eyes only when you feel the shift. The ritual begins now.

### THE RITUAL

Light the **gold candle** with a single, unhurried strike, because **confidence and new beginnings** do not require ceremony — they require commitment, and this flame is yours.

Hold the **pyrite** in your dominant hand and feel its density and weight, then look at it directly and say aloud the one quality you are most ready to lead with as *Leo* holds the sky of this *New Moon*.

Light the **frankincense** — resin, incense, or oil applied to your wrists — and as its smoke or scent rises, breathe it in fully, understanding that **presence and identity** are carried in the body first, and this scent marks your body as ready.

Hold the **pyrite** to your chest for one breath, then set it down in front of the **gold candle** as a declaration — this is who is beginning, here, now, under this sky.

Raise your gaze to meet the candle flame directly, hold it for three slow breaths, and then bow your head briefly — not in submission but in acknowledgment — sealing **your new beginning** with the full gravity it deserves.

### YOU WILL NEED

gold candle

pyrite

frankincense

♪ energetic drumming or bold orchestral swells