



FULL MOON IN AQUARIUS · SATURDAY, 5 AUGUST 2028

## Aries

*This ritual is for friendships, community, and the future you are building together.*

Every circle you have ever belonged to was quietly shaped by the fire you brought into the room.

### PREPARATION

Face south. Clear the surface before you of anything that does not belong to this moment — a tidy space tells the work you mean it. Silence your phone and let the room settle into its own quiet. Pour a glass of red wine or something warm and spiced, hold the cup in both hands, and feel the heat of it before you take a single sip. Close your eyes and picture the people who matter most to you — their faces, their voices, the specific texture of their presence — and alongside them, picture the future you are moving toward together, as vivid and detailed as a dream you refuse to let go of. Open your eyes only when that image feels solid enough to carry.

### THE RITUAL

Light the **red candle** and hold your gaze on the flame for a full breath, letting it stand for every person whose presence makes your future feel possible.

Take the **carnelian** in your dominant hand and feel its weight — run your thumb over its surface and pour into it your **clearest intention for the community you are calling in**, as though the stone were a vessel that could hold it.

Pinch a small measure of **cinnamon** between your fingers and release it slowly into the candle flame or scatter it in a circle around the base of the candle, letting the warm spice carry your **vision of the future** outward like a signal fire visible to those who belong in your life.

Speak aloud — or write on a slip of paper — the names of the people or the qualities of the community you are calling toward you under this *Aquarius* Full Moon, making each name or word deliberate and unhurried.

Place the **carnelian** beside the **red candle** and let both remain until the candle burns low, understanding that the seal is set — the future and the people in it have been given direction.

### YOU WILL NEED

red candle

carnelian

cinnamon

♪ uplifting ambient or soft choral tones