



FULL MOON IN LEO · TUESDAY, 30 JANUARY 2029

Taurus

This ritual is for home, family, and the emotional roots that hold you steady.

Roots do not ask permission to grow deeper — and on this full moon in *Leo*, something in you is quietly, powerfully ready to do the same.

PREPARATION

Face north. Before anything else, tidy the corners of the room you are in — pick up what has been dropped, fold what has been left open — because a home that is cared for can hold ceremony. Turn off notifications and let the room grow quiet enough that you can hear the building settle around you. Pour a cup of warm tea, something herbal and familiar, hold the mug in both palms, and sip once before you set it down close by. Close your eyes and picture the feeling of belonging — not a place exactly, but the warmth of being where you are known: the specific faces, the smell of a particular room, the safety of it. Open your eyes when that feeling has moved from your mind into your chest, when it sits there like an ember. The ritual begins now.

THE RITUAL

Light the **green candle** with deliberate slowness, holding the intention that **your home — in all its forms — is a living thing that responds to your care.**

Scatter the **rose petals** in a loose circle around the candle, placing each one as though you are naming something or someone who belongs to your inner life.

Take the **rose quartz** and hold it in your non-dominant hand, resting that hand open in your lap — receiving, not reaching — and breathe slowly until your shoulders drop.

With your eyes soft on the candle flame, speak or think clearly the name of **one place, one person, or one feeling of home** that you are calling back toward you or finally allowing yourself to claim.

Gather the **rose petals** gently back into your palm, carry them outside or to a window and release them, then return the **rose quartz** to a surface near where you sleep as a reminder that this work continues.

YOU WILL NEED

green candle

rose quartz

rose petals

♪ soft rain and warm piano, no lyrics