



FULL MOON IN LEO · TUESDAY, 30 JANUARY 2029

Cancer

This ritual is for money, income, and the material security that lets you breathe freely.

Stability is not a small ambition — it is the ground on which everything else you love is built — and this full moon in *Leo* asks you to tend it without apology.

PREPARATION

Face north. Ground yourself before anything else — press your feet flat to the floor and feel the surface under you, solid and real, because this ritual is about what is tangible. Remove distractions completely: phones away, screens dark, the room as quiet as you can make it. Pour a cup of chamomile tea or something warm and earthy, hold the cup low in your hands close to your lap, and sip once with the intention of steadying rather than escaping. Close your eyes and picture your financial life not with anxiety but with the calm attention of someone taking honest stock: see income arriving, see bills met, see a small but real surplus growing in the background like something patient. Open your eyes when the image has lost its fear and replaced it with something workable. The ritual begins now.

THE RITUAL

Light the **white candle** and understand its clarity as an invitation to see your financial life **as it truly is and as it truly could be**, without flinching from either.

Brew or pour a small amount of **chamomile** tea and set it beside the candle as an offering to the part of you that needs steadying before it can plan.

Hold the **moonstone** in both hands and breathe deeply, naming aloud — quietly but concretely — **one specific financial goal or one act of care for your material security** that this full moon is illuminating.

Set the **moonstone** beside the candle and drink the rest of the **chamomile** tea slowly, letting each sip represent a small, real step you are willing to take this week.

When the tea is finished, hold the **moonstone** one final time and place it somewhere you will see it daily — a windowsill, a desk corner — as a standing reminder that **your security is worth steady, unglamorous attention**.

YOU WILL NEED

white candle

moonstone

chamomile

♪ deep forest sounds or steady low-frequency tones