



FULL MOON IN CANCER · FRIDAY, 21 DECEMBER 2029

## Sagittarius

*This ritual is for deep transformation, shared finances, and inner healing.*

The things we refuse to look at do not disappear — they deepen, and tonight, under the full moon in *Cancer*, you are choosing to go into the depth rather than around it.

### PREPARATION

Face west. Let the room become genuinely quiet and genuinely dim — this is not a ritual for brightness or performance, and the space should feel accordingly private and deep. Silence everything, and if the drone or bowl tones you have chosen feel almost uncomfortably resonant, let them be, because discomfort here is part of the medicine. Pour yourself something slow and warming — a deep red wine or a heavy, smoky tea — and hold the glass just below your chin for a long moment, feeling the steam or the cool, letting it settle you before you drink. Close your eyes and go toward the thing you have been avoiding: the financial entanglement, the grief, the pattern that keeps repeating in the dark — go toward it without running, just look at it steadily. Open your eyes when you have made that first, crucial movement toward rather than away. The ritual begins now.

### THE RITUAL

Light the **purple candle** in full awareness that this flame is not decorative but functional — it is light brought deliberately into a dark place, and **you are the one who brought it**.

Light a bundle or loose leaves of **sage** and move the smoke slowly around your body from feet to crown, clearing whatever accumulated weight you have been carrying, making the field around you clean enough for real work.

Hold the **lapis lazuli** over your solar plexus — the seat of fear and personal power — and breathe from that place, slowly, feeling whether it softens under the stone's steady blue weight.

With the **lapis lazuli** still in hand, name the transformation you are ready for — not in general terms, but specifically: the debt, the wound, the shared resource, the inherited story — **name it precisely so the moon can hear it**.

Set the **lapis lazuli** before the **purple candle** and sit in the sound for five more minutes, letting the *Cancer* full moon and the drone of your chosen music do what surgery cannot — reach the places words alone cannot touch.

### YOU WILL NEED

purple candle

lapis lazuli

sage

♪ deep Tibetan singing bowls or low drone