



NEW MOON IN SAGITTARIUS · THURSDAY, 6 DECEMBER 2029

## Aries

*This ritual is for travel, personal beliefs, and expanding your horizons.*

Somewhere beyond the edge of what you already know, there is a direction that has been calling your name — and tonight the sky gives you permission to move.

### PREPARATION

Face south. Clear the space around you of clutter and noise — push back what is small and ordinary to make room for what is vast. Silence your phone, dim the lights if you can, and pour a glass of red wine or spiced warm tea, holding the cup between both palms for a breath before your first sip. Close your eyes and picture the life you are reaching toward: the landscape, the air, the version of you who has traveled further in mind or body than you ever thought possible — hold that image until you can almost smell the place. Open your eyes only when your chest feels wide. The ritual begins now.

### THE RITUAL

Light the **red candle** and let your gaze rest on the flame for a full minute, breathing in the warmth as if the fire itself is orienting you toward something larger.

Hold the **carnelian** in your dominant hand and name, aloud or in a whisper, the belief or destination you are ready to move toward — let the stone warm in your grip as you speak it.

Take a pinch of **cinnamon** and dust it lightly around the base of the candle, moving in a clockwise circle, setting the intention that **every step you take in the coming month carries you further into the life you are meant to explore.**

Sit quietly with the **carnelian** still in your hand and the **red candle** burning before you, and let yourself feel — without editing — the excitement of what is possible under this *New Moon in Sagittarius*.

When you are ready, press the **carnelian** to your heart for three slow breaths, then set it beside the candle to rest there until the flame burns out, sealing your intention in the field of the new moon.

### YOU WILL NEED

red candle

carnelian

cinnamon

♪ expansive world music or open orchestral swells