



FULL MOON IN VIRGO · THURSDAY, 1 MARCH 2029

Pisces

This ritual is about love and close partnerships.

Love does not ask you to disappear into it — it asks you to be more fully yourself within it.

PREPARATION

Face west. Soften the room slowly and without rush — bring in a cloth or blanket, lower the light until the space feels like the inside of something rather than the outside, let the atmosphere become genuinely intimate. Silence your phone and leave it in another room if you can, because tonight asks for your undivided presence. Pour something tender — a pale wine, warm milk with honey, anything that asks you to be gentle with yourself — hold the cup in both hands close to your lips for a moment before drinking, and let the warmth of it remind you what care feels like in the body. Close your eyes and think of the person you love or are calling toward: the specific quality of their presence, the sound of their voice in an unguarded moment, or, if calling love rather than a person, the feeling of being met fully by another human being — hold that feeling with openness rather than longing, like a door that is simply, quietly ajar. Open your eyes when tenderness is what you feel, not ache. The ritual begins now.

THE RITUAL

Light the **sea green candle** with slow, deliberate care, watching the flame find its steadiness, the way a good relationship finds its rhythm.

Place several drops of **jasmine** oil or a jasmine flower nearby and breathe its sweetness in deeply — let it open something in your chest that has been held slightly closed, as you **invite real love into your present, not your future.**

Hold the **moonstone** over your heart with one hand and the other hand open, palm up, at your side — one hand receiving, one hand offering — and stay in this posture as you name what you are **bringing to a partnership** and what you are **willing to receive** under this full moon in *Virgo*.

Set the **moonstone** in the light of the **sea green candle** and let it sit there, glowing, while you spend several quiet minutes simply being present in your own company — because the relationship you have with yourself is the one all others are built on.

Breathe out one final, complete breath, touch the **moonstone** lightly with two fingers, and **seal the intention that you are ready** — not someday, but now, exactly as you are.

YOU WILL NEED

sea green candle

moonstone

jasmine

♪ chamber strings or soft piano, no lyrics