



FULL MOON IN VIRGO · THURSDAY, 1 MARCH 2029

Sagittarius

This ritual is for career, ambition, and public life.

Ambition, stripped of apology, is simply a person who knows where they are going and refuses to pretend otherwise.

PREPARATION

Face east. Organize the space before you with the efficiency of someone who means business: nothing extraneous, nothing unfinished visible, just what belongs to this work and this moment. Silence your phone entirely and if a computer is nearby, close its lid. Pour something focused — black tea, strong coffee, a single glass of something with gravity — hold the cup firmly, both hands, like a person about to begin something that matters, and take one deliberate sip. Close your eyes and see your professional life at its most fully realized: the title, the room you are standing in, the particular way people speak to you when you have achieved the thing you are after, the satisfaction of work that carries your name and your vision — be in that image fully until the ambition stops feeling distant and starts feeling like direction. Open your eyes with that direction still in your chest. The ritual begins now.

THE RITUAL

Light the **purple candle** with the focused economy of someone beginning an important meeting — no ceremony for ceremony's sake, just the act, done with full presence.

Bundle or burn a small amount of **sage** and move it in a single deliberate line across your workspace, clearing it of stagnation as you name aloud **the professional achievement you are claiming under this full moon in Virgo**.

Hold the **lapis lazuli** at eye level and look at its deep blue surface as though looking into the depth of your own capability — then press it firmly to your forehead once, as a seal.

Set the **lapis lazuli** at the base of the **purple candle** and write, by hand, one sentence naming the **next visible, public step** toward your ambition — date it, fold it, place it under the stone.

Sit in upright, still posture before the candle for five full minutes — no scrolling, no adjusting — just the discipline of sitting with what you want until wanting it fully feels normal and right.

YOU WILL NEED

purple candle

lapis lazuli

sage

♪ minimal focused ambient or slow ceremonial drumming