



FULL MOON IN LIBRA · THURSDAY, 1 MARCH 2029

## Aquarius

*This ritual is about travel, expanding beliefs, and the larger world waiting beyond your current horizon.*

The distance between who you are and who you could become is shorter than you think — it is often just one journey, one book, one honest rethinking of something you assumed was settled.

### PREPARATION

Face south. Let the music play before you even begin setting up — let it carry something of distances and open skies, because this ritual asks your imagination to stretch past its current limits. Open a window if the weather allows, even just a crack, because this ritual benefits from air that has come from somewhere else. Pour yourself something that feels a little like a celebration: sparkling water with lemon, a good white wine, a tea you bought once on a trip or have been saving for a good occasion. Hold it warmly, drink a sip while still standing, still oriented toward the world outside. Close your eyes and picture yourself in a place you have never been, or a belief system you have not yet fully examined — let the picture become sensory: the light, the language around you, the feeling of being genuinely outside your own assumptions. Open your eyes when the world feels genuinely larger than it did a moment ago. The ritual begins now.

### THE RITUAL

Light the **blue candle** and let it represent not a destination but a **direction** — the felt sense of moving outward, of the horizon not as a limit but as an invitation.

Place a drop of **bergamot** oil on the inside of each wrist and hold both wrists briefly to your nose — its bright, traveling scent is the olfactory equivalent of **opening a map**, and tonight you are using it to signal your readiness for expansion.

Hold the **aquamarine** in your palm and name aloud — specifically — one place you want to go, one belief you want to examine more honestly, or one horizon in your thinking you want to push further, letting the stone's cool weight be the anchor that keeps the vision from remaining merely wishful.

Set the **aquamarine** on a surface slightly away from you — across the table, a few steps across the floor — then walk to it and pick it up, and let that small physical movement be the ritual's central gesture: **you moved toward the unknown, and it was right there waiting.**

Return the **aquamarine** to the base of the **blue candle**, breathe in the last of the **bergamot** on your wrists, and close by saying aloud, once, the place or the idea — the direction — you are committing to pursue before this *Aquarius* lunar cycle is complete.

### YOU WILL NEED

blue candle

aquamarine

bergamot

♪ expansive world music or open orchestral