



FULL MOON IN LIBRA · THURSDAY, 1 MARCH 2029

Leo

This ritual is about communication, learning, and the connections closest to where you live your daily life.

A single well-chosen word, given to the right person at the right moment, can rearrange everything — and the Full Moon in Libra is that moment.

PREPARATION

Face south. Clear a small writing surface if you can — this ritual has ideas in it, and ideas need a little room to land. Put your phone in another room if possible, because tonight your own mind is more interesting than any feed. Pour yourself a cup of bright tea — citrus or ginger — or a small glass of something sparkling, hold it up in a half-toast to your own curiosity, and drink. Close your eyes and picture a conversation you want to have, a thing you want to learn, a connection in your neighborhood or daily world you want to deepen — let it become specific: hear the words, see the faces, feel the particular pleasure of being understood. Open your eyes when that vision has energy in it. The ritual begins now.

THE RITUAL

Light the **gold candle** and place it where its light catches your eye naturally, because **bright, confident communication** is not something you have to force — it is something you allow.

Hold the **pyrite** in your palm and notice its weight, its gleam — this is the stone of mental sharpness and confident expression, and you are borrowing its frequency tonight as you call in **clarity of thought and ease of connection**.

Light a small amount of **frankincense** — a cone, a resin grain on foil, or a stick — and let the smoke drift as you speak aloud a message you have been composing in your mind but not yet delivered: a compliment, a question, an idea worth sharing.

Set the **pyrite** beside the **gold candle** and write — even just three lines — about a connection in your daily world you want to **strengthen under this Leo full moon in Libra**, being specific about what you want to give and what you hope to grow.

When the **frankincense** has burned down, press one palm flat on what you have written and hold it there for a breath — this is how you seal a message: with the warmth of a human hand.

YOU WILL NEED

gold candle

pyrite

frankincense

♪ light acoustic guitar or morning birdsong