



FULL MOON IN SCORPIO · SATURDAY, 28 APRIL 2029

## Leo

*This ritual is for home, family, and emotional roots.*

Before you were anything else, you were someone's child, and the healing of that first belonging ripples outward through every room you will ever inhabit.

### PREPARATION

Face north. Move through the space with slow, deliberate attention — straighten a cushion, wipe a surface, place something warm-colored where the eye will land — and let this tidying be its own small act of devotion to the place that holds you. Silence your devices and let the sound of soft rain or piano fill the room at a low, warm volume that feels less like listening and more like being held. Pour a glass of rich red wine or a cup of something warm and earthy — chai, rooibos, or dark tea — hold it with both hands, feel the heat radiate into your palms, and take one long, grateful sip before setting it down. Close your eyes and picture the home you most deeply want, or the version of your family and roots that feels most healed and whole — fill in the specific details: the smell of it, the light, the people and their voices, the feeling of belonging without effort. Open your eyes only when something in your chest loosens, just slightly. The ritual begins now.

### THE RITUAL

Light the **gold candle** with both hands cupped briefly around the flame after it catches, as if warming yourself at a hearth — because that is exactly what you are doing, tending the fire at the center of your home and lineage.

Hold the **pyrite** in your non-dominant hand — the receiving hand — and feel its weight as a symbol of the **stable, warm, and abundant home life** you are actively building with this intention.

Light the **frankincense** resin or incense and let the smoke move through the room without directing it, allowing it to consecrate every corner of the space as belonging to safety, warmth, and emotional nourishment.

Sit with the **pyrite** still in your hand and speak, quietly or internally, three things you are grateful for about your roots — even, and especially, the complicated ones — because gratitude is how we metabolize the past.

Place the **pyrite** at the base of the burning **gold candle** as the **frankincense** continues to rise, and sit in the combined warmth of flame and fragrance until you feel the ritual has sealed itself naturally.

### YOU WILL NEED

gold candle

pyrite

frankincense

♪ soft rain and warm piano, no lyrics