



FULL MOON IN SAGITTARIUS · MONDAY, 28 MAY 2029

## Taurus

*This ritual is for deep transformation, shared finances, and inner healing.*

What has been tangled in the dark between you and what you need is not a wall — it is a door waiting for the right kind of attention.

### PREPARATION

Face west. Dim the lights or light only what you must — this ritual asks for a particular quality of darkness, the kind that feels less like absence and more like depth. Silence every device and let the room settle until you can hear the quality of the quiet. Pour a glass of red wine or dark tea, hold it with both hands, feel its weight before you drink, and let one sip move slowly through you. Close your eyes and let yourself picture the thing you have been carrying — not dramatizing it, just seeing it clearly, as it is, in the dark of your own chest. Open your eyes only when you feel neither afraid of it nor owned by it. The ritual begins now.

### THE RITUAL

Light the **green candle** slowly and deliberately, understanding that this flame is not warding off the dark but illuminating what has been quietly asking to be seen inside it.

Lay the **rose petals** in a loose circle around the base of the candle, placing each one with the intention of **softening the places where fear has made you rigid about money, intimacy, and shared life**.

Hold the **rose quartz** in both hands and breathe into it — not performing anything, just letting the warmth of your palms meet the stone — until you feel a small, quiet shift somewhere in your body.

Speak aloud one thing you are willing to release from the old story about what you share, what you owe, or what transformation costs you, and let the words go without catching them back.

Place the **rose quartz** inside the ring of **rose petals** at the base of the **green candle**, sealing the intention under the *Sagittarius* full moon, and sit quietly until the flame has burned at least halfway down.

### YOU WILL NEED

green candle

rose quartz

rose petals

♪ deep Tibetan singing bowls or low drone