



FULL MOON IN ARIES · SUNDAY, 23 SEPTEMBER 2029

## Leo

*This ritual is for travel, beliefs, and expanding horizons.*

Every great journey begins as something almost laughably small — a spark, a restlessness, a single flame lit in the dark.

### PREPARATION

Face south. Lay out your space generously — push things outward, give yourself room, because the energy of tonight needs somewhere to breathe and expand. Silence anything small and distracting, and let the music rise to fill the space with something that sounds like distance and possibility. Pour a full glass of red wine or a spiced, aromatic tea and hold it to your nose before drinking, letting the scent wake up your senses. Close your eyes and picture yourself somewhere you have never been — or in a belief you have not yet allowed yourself to fully hold — and let the image be detailed, physical, real: the air, the light, the feeling of arrival. Open your eyes only when you can feel the pull of it in your chest. The ritual begins now.

### THE RITUAL

Light the **gold candle** and let the quality of its light — warm, generous, reaching — set the tone for everything that follows, because *Aries* fire under a full moon does not illuminate small things.

Light or warm the **frankincense** and let the smoke or scent move freely through your space, following it with your eyes and allowing it to carry your **desire for expansion into every corner of the room and beyond**.

Hold the **pyrite** in your palm and close your fingers around it, feeling its weight and its texture — let it represent the **real-world abundance that accompanies a life lived with genuine philosophical courage**.

Speak aloud the name of one place, belief, or body of knowledge you intend to move toward in the coming months — say it the way you would tell a trusted friend, without hedging, without apology.

Set the **pyrite** before the **gold candle** and scatter a pinch of **frankincense** around its base, sealing the ritual with fragrance and gold light as the ancient world always sealed its most significant prayers.

### YOU WILL NEED

gold candle

pyrite

frankincense

♪ expansive world music or open orchestral