



NEW MOON IN CAPRICORN · FRIDAY, 4 JANUARY 2030

Virgo

This ritual is for romance, creativity, and joy.

Something in you has been waiting for permission, and this moon is your notice that no permission was ever required.

PREPARATION

Face south. Let the acoustic strings or gentle jazz begin and allow yourself — genuinely allow yourself — to feel the music before you do anything else. Tidy the space, but don't strip it; leave something beautiful out, something that already brings you pleasure. Pour a glass of wine or a warm, fragrant tea and hold it at chest height, breathing it in before you sip, because pleasure always begins before the first taste. Close your eyes and picture what it would feel like to be fully alive in your creative life — not performing it, not explaining it to anyone, just living inside it: the colors, the sounds, the particular warmth of making something you love. Open your eyes when that warmth is in your hands. Joy is not frivolous — it is your original nature, and it is time.

THE RITUAL

Light the **brown candle** — earthy and grounding — as a reminder that **joy is not escape; it is presence**, and set it where the strings in the music and the warmth of the flame can exist in the same moment.

Hold the **amethyst** and let it rest against your chest for a moment, feeling its cool weight against the place where creative longing lives, before speaking aloud the creative act or romantic experience you are calling toward you under this *Capricorn* New Moon.

Crush a small handful of **rosemary** between your palms and breathe in its sharp, clarifying scent — let it cut through hesitation the way a clear note cuts through a quiet room — and feel **desire for your own life sharpen in your chest**.

Scatter the crushed **rosemary** in a loose curve around the base of the **brown candle** and place the **amethyst** at the center of that curve, arranging them not with precision but with pleasure — because how you do this is part of what you are calling in.

Sit with the **brown candle** burning and let yourself do nothing productive for five full minutes — no planning, no listing, no improving — just feel the music and the candlelight, then snuff the flame and keep the **amethyst** in a pocket this week.

YOU WILL NEED

brown candle

amethyst

rosemary

♪ gentle jazz or sensual acoustic strings