



NEW MOON IN AQUARIUS · SUNDAY, 3 FEBRUARY 2030

Aries

This ritual is for friendships, community, and the future you are actively building.

There is a version of your future already gathering at the edges — this is the night you call it closer.

PREPARATION

Face south. Clear the space in front of you — move anything cluttered or unfinished out of your immediate sight, so the air around you feels like possibility. Silence your phone and any screen, and pour yourself something warm or bright — a spiced tea, a bold red wine — hold the glass in both hands for a breath before you drink. Close your eyes and picture the people you want beside you in the life ahead: their laughter, the warmth of a table surrounded by faces that know you, the particular feeling of moving toward something with others at your side. Hold that vision until it has texture and sound and light, and open your eyes only when you feel a quiet, settled readiness rising in your chest. The ritual begins now.

THE RITUAL

Light the **red candle** and let your eyes rest on the flame for a full breath, feeling the heat of it as a signal that your energy is awake and moving toward the people and goals you have named inside yourself.

Hold the **carnelian** in your dominant hand and press it gently against your sternum, stating aloud the name of one future goal — **specific, real, and yours** — as if you are introducing it to the room.

Take the **cinnamon** and draw a slow circle on the surface in front of the candle, moving clockwise, letting the spice settle as a ring that represents the **community gathering around your vision**.

Sit quietly for three to five minutes with the carnelian still warm in your hand, breathing slowly, and allow one name — a person who belongs in this future — to rise naturally in your mind, sending them a wordless current of warmth.

Place the **carnelian** inside the ring of **cinnamon** and let the **red candle** burn for another full minute before extinguishing it with your fingers or a snuffer, sealing the intention in the stillness that follows.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ uplifting ambient or soft choral tones