



FULL MOON IN TAURUS · WEDNESDAY, 1 OCTOBER 2031

Libra

This ritual is for deep transformation, shared finances, and inner healing.

The things that live beneath the surface of a life — the shared debts, the inherited wounds, the slow work of becoming whole — are exactly what this moon was made to illuminate.

PREPARATION

Face west. Let the room become dim — this is not work done in full light — and remove anything sharp or busy from your immediate view, leaving surfaces that feel soft and clear. Silence all devices completely, not on vibrate, but off, because what you are meeting here deserves your full attention and does not compete. Pour a small glass of dark red wine or warm spiced tea and hold it with both hands, feeling the weight of it, before you take one slow, deliberate sip. Close your eyes and move toward whatever in your inner life has been asking for attention — not the version of it that you explain to others, but the raw version — let it be present without immediately trying to resolve it, and simply acknowledge that it is real. Open your eyes when you feel ready to look at what you have been carrying. The ritual begins in the dark, exactly where it needs to.

THE RITUAL

Light the **pink candle** with both hands cupped around it for a moment before releasing it to burn freely, a gesture of **warmth offered to your own interior landscape** before anything else.

Place three drops of **ylang ylang** oil on your wrists — one drop each on the inside of each wrist, and one on the center of your chest — and press your wrists together briefly, letting the scent rise slowly as a signal to your nervous system that this is a moment of genuine safety.

Hold the **rose quartz** against the center of your chest and breathe into the sensation of something softening — not forced, only allowed — and let the specific area of transformation you are working with, whether financial entanglement or emotional healing, take a clear shape in your mind.

Speak aloud one true thing about the transformation currently moving through you — one sentence that names what is actually changing — then press the **rose quartz** gently to your lips as if sealing the words into the stone, and set it down in the candlelight with the intention that **what has been named can now begin to shift**.

Sit with the **pink candle** burning and your hands resting open in your lap until the **ylang ylang** scent has faded from your wrists, letting that natural fade mark the close of the ritual — then blow the candle out gently and rest.

YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ deep Tibetan singing bowls or low drone