



FULL MOON IN GEMINI · SATURDAY, 29 NOVEMBER 2031

Aries

This ritual is for communication, learning, and local connections.

Words are not just sounds — they are the original magic, and tonight the full moon in Gemini asks you to remember what yours are capable of.

PREPARATION

Face south. Clear the surface before you of anything that does not belong to this moment — a cluttered space is a cluttered mind, and tonight the mind is your instrument. Silence your phone, dim any harsh overhead lights, and let the room settle into something softer. Pour a glass of red wine or a cup of spiced tea, hold it in both hands for a breath, and take one slow sip before setting it aside. Close your eyes and picture every conversation, every idea, every word you have been holding back — see them as sparks waiting for air, see the people you want to reach, hear the exchange before it happens. Open your eyes only when you feel the quiet sharpening into focus. The ritual begins now.

THE RITUAL

Light the **red candle** and watch the flame settle, letting it remind you that **clear, courageous communication** begins as a small and steady thing.

Hold the **carnelian** in your dominant hand and press it gently against your throat for a moment, breathing in through the nose and out through the mouth, feeling the stone's warmth as a permission to be heard under the light of *Gemini*.

Pinch a small amount of **cinnamon** between your fingers and release it slowly above the candle flame — not into it, but near enough that the scent rises — and as it does, name aloud one thing you have been meaning to say and one idea you are ready to pursue.

Set the **carnelian** beside the **red candle** and write one sentence in a notebook or on paper — just one — that captures the message or direction you are sending out into the world this lunar cycle.

Cup both hands briefly around the candle's warmth, then press your palms flat to the surface before you, sealing the intention of **open exchange and sharpened thought** into the moment and into yourself.

YOU WILL NEED

red candle

carnelian

cinnamon

♪ light acoustic guitar or morning birdsong