



FULL MOON IN CANCER · MONDAY, 29 DECEMBER 2031

## Taurus

*This ritual is for communication, learning, and local connections.*

Words are the original spell — and right now, under a full moon in *Cancer*, the ones you speak and write and send out into your neighborhood carry more weight than you have recently allowed yourself to believe.

### PREPARATION

Face south. Open a window just a crack if the night air is gentle — let the room breathe with you, alive with small sounds and a faint freshness. Silence your devices, tidy away any clutter that feels like noise to the eye, and pour yourself a light white wine or a bright herbal tea, pausing to notice its smell before you bring it to your lips. Close your eyes and picture the conversations, ideas, and connections you most want to invite: the message you want to arrive, the words that finally land with someone who matters, the classroom or corner of the world where you feel brilliantly curious. Open your eyes when that aliveness arrives behind your ribs. The ritual begins now.

### THE RITUAL

Light the **green candle** and set it where its light falls across your hands, so that everything you reach for tonight is touched by its glow.

Scatter a small handful of **rose petals** loosely around the candle, placing each one with a thought of someone in your local world — a neighbor, a sibling, a collaborator — with whom you want **a truer and more nourishing exchange**.

Take the **rose quartz** in both hands and hold it near your lips as you breathe out slowly three times, releasing any old hesitation around **saying what you actually mean**.

Write one sentence — just one — on a slip of paper: the idea you most want to explore, the message you most want to send, the conversation you most want to begin, and fold it beneath the candle.

When the candle has burned for at least ten minutes, press the **rose quartz** to the folded paper, seal the intention, and carry the stone with you tomorrow as a reminder that *Cancer's* full moon has opened the channel.

### YOU WILL NEED

green candle

rose quartz

rose petals

♪ light acoustic guitar or morning birdsong