



FULL MOON IN VIRGO · SATURDAY, 8 FEBRUARY 2031

Gemini

This ritual is for home, family, and emotional roots.

The home you carry inside you was built long before the one you live in now.

PREPARATION

Face north. Move through the space around you with gentle intention — straighten a cushion, close an open drawer, set something that belongs elsewhere back in its place, because order in the outer world is a quiet act of care for the inner one. Silence your phone and let the room breathe. Pour yourself something warm — tea is right for tonight — hold the cup close to your chest rather than your hands, feel the heat near your heart, and take a slow sip. Close your eyes and travel back through the rooms that shaped you: the light in a particular window, a voice calling your name, the smell of something cooking, the feeling of being small and held by something larger than yourself — stay there until the warmth and the complexity of it both feel true at once. Open your eyes when you are ready to bring care to all of that. The ritual begins now.

THE RITUAL

Light the **yellow candle** and let its warm glow be the only light in the room, softening every edge the way memory tends to soften things.

Rub a small amount of dried **lavender** between your palms until the scent rises, then hold your hands open and breathe it in slowly, letting it carry you somewhere familiar and safe.

Hold the **citrine** in your left hand — the receiving hand — and speak quietly the name of one family member, living or not, to whom you are **sending healing and warmth** tonight under this full moon in *Virgo*.

Set the **citrine** beside the candle and scatter a small pinch of **lavender** across your space — at the doorway, along a windowsill — as a gesture of **protection and peace for your home**.

Return to the candle, place both hands flat on the surface before you, and press gently as you breathe out — **rooting the intention** into the ground beneath the room, beneath the house, beneath everything.

YOU WILL NEED

yellow candle

citrine

lavender

♪ soft rain and warm piano, no lyrics