



FULL MOON IN LIBRA · SATURDAY, 27 MARCH 2032

Libra

This ritual is about personal identity, confidence, and beginning again as yourself.

The Full Moon falls in your own sign tonight, and that is not a small thing — the sky is illuminating you, specifically, and asking what you intend to do with the light.

PREPARATION

Face east. East is where the light originates, where things begin, and that is precisely what this ritual is about — you, beginning. Clear the space before you until it feels open rather than occupied. Let the music play at a volume that has some presence to it, something you can feel slightly in your chest. Pour yourself something you genuinely enjoy drinking — wine, a sparkling water with citrus, good tea — hold the glass and look at it a moment before drinking, aware that this simple pleasure belongs to you. Close your eyes and picture yourself moving through the world as the fullest, most undiluted version of who you actually are: the way you carry yourself, the way you speak, the specific quality in your presence that you sometimes mute for others. Hold it until it feels less like performance and more like memory. Open your eyes only when you feel ready to begin. The ritual begins now.

THE RITUAL

Light the **pink candle** and place it at eye level if possible — this flame is **your flame**, a warm declaration that you are present, visible, and ready to begin something new in *Libra's* full light.

Place one drop or a small dab of **ylang ylang** oil at the base of your throat — the pulse point where voice and presence meet — and feel its sweetness settle into your skin as an act of **deliberate self-arrival**.

Hold the **rose quartz** in both hands at the level of your heart, look directly at the **pink candle** flame, and say your own full name aloud, followed by one sentence describing who you are becoming — not who you have been, but who you are **choosing from this night forward**.

Set the **rose quartz** down directly in front of the candle and stand up — yes, stand — and take three breaths that are deliberately longer and deeper than your usual breath, letting your posture reflect the intention: **you are taking up the right amount of space**.

Sit again, place one hand over the **rose quartz**, and let the **pink candle** burn as long as you remain — the remaining **ylang ylang** on your skin is the seal you carry out into the world when this is done.

YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ energetic drumming or bold orchestral swells