



NEW MOON IN LEO · FRIDAY, 6 AUGUST 2022

## Aquarius

*This ritual is about love and close partnerships.*

Love does not arrive when you have become finished — it arrives when you have become open.

### PREPARATION

Face west. Soften the space around you — a folded blanket, a pillow, something that invites the body to settle rather than brace — because love moves through a body that has unclenched. Let chamber strings or piano move through the room without words, carrying feeling that language would only approximate. Pour something warm and slow — a chamomile, a light wine, a rooibos — and hold it in both hands before you drink, letting the warmth move through your hands and remind you that tenderness is not weakness but a kind of strength that takes practice. Close your eyes and picture the partnership you are calling in or deepening — not a face necessarily, but a quality of presence, the specific feeling of being truly met by another person, seen and easy and warm. Open your eyes only when that feeling has moved from your head into your chest. The ritual begins now.

### THE RITUAL

Light the **blue candle** and set it at the western edge of your space, knowing that west is the direction of relationship and completion, and this flame marks the threshold between **the love you have known and the love you are moving toward**.

Apply a drop of **bergamot** oil to your collarbones and your wrists, and as the citrus-warm scent rises, notice how it lifts something in you — this is what **openness and tender readiness** smell like before they arrive as experience.

Hold the **aquamarine** in both hands at the level of your heart and breathe in four counts, hold four, out four — three full cycles — letting the stone's calm blue carry the quality of *Leo's* warmth made patient under this *New Moon*.

Speak aloud — with the **aquamarine** still at your heart — one honest, unhurried sentence about what you are truly calling in: not a list of traits but a feeling, a quality, a way of being together that you are ready to receive.

Set the **aquamarine** before the **blue candle** and sit in the music's presence with both hands open and resting, palms turned upward, holding **love and partnership** as something already on its way.

### YOU WILL NEED

blue candle

aquamarine

bergamot

♪ chamber strings or soft piano, no lyrics