



FULL MOON IN LEO · SUNDAY, 16 JANUARY 2023

Sagittarius

This ritual is for travel, expanding beliefs, and the horizons you are ready to move toward.

Somewhere between where you are standing and the edge of what you believe possible, there is a door — and the full moon in *Leo* is the exact light you need to find it.

PREPARATION

Face south. Open a window slightly if you can — let a current of outside air into the room, because this ritual works best when the world is present at the edges. Clear your space of the closed-in and the familiar, making room for something that hasn't arrived yet. Pour a glass of wine or brew a bold tea, something you associate with travel or discovery, and hold it in one hand loosely — the way you hold things when you're not afraid of them. Close your eyes and let your mind travel: picture the specific landscape, conversation, classroom, or crossing that represents the expanded life you want — the color of the light there, the sounds, the feeling in your chest of being somewhere genuinely new. Open your eyes only when the image has filled your body as well as your mind. The ritual begins now.

THE RITUAL

Light the **purple candle** and understand its deep, searching color as **the frequency of a mind that refuses to stop asking questions**.

Light a bundle or stick of **sage** and move it slowly through your space, letting the smoke clear not just the air but **the mental habits and inherited beliefs** that have kept your world smaller than it needs to be.

Hold the **lapis lazuli** up toward the candle's light and look at the gold that runs through the blue — then name aloud, clearly and with a specific detail, **the one horizon — place, idea, or belief — you are ready to move toward**.

Set the **lapis lazuli** down and write in a few sentences the practical first step toward that horizon — the booking, the enrollment, the conversation, the book ordered — because **expansion that stays only in the mind is just daydreaming**.

Extinguish the **sage** safely, let the **purple candle** continue burning, and read what you wrote aloud once — then carry the **lapis lazuli** in your bag or pocket tomorrow as a reminder that **you have already begun**.

YOU WILL NEED

purple candle

lapis lazuli

sage

♪ expansive world music or open orchestral