



FULL MOON IN ARIES · SATURDAY, 8 OCTOBER 2023

Cancer

This ritual is about career, ambition, and public life.

There is a version of your life where the world knows exactly what you are capable of — this ritual is a step toward making that version true.

PREPARATION

Face east. Set your space as you would before an important meeting — deliberate, clean, arranged with care, because tonight you are making a commitment to the version of yourself the world is meant to see. Silence everything that makes noise without purpose, and let the quiet sharpen your focus. Pour a cup of hot tea — something strong and clear — and hold it steadily with both hands before drinking, as if holding your own resolve. Close your eyes and picture yourself in the context of your ambition: the work in your hands, the room where you are recognized, the feeling of having built something real — hold all of it with precision, not fantasy. Open your eyes only when you can feel the weight and the pride of it together. The ritual begins now.

THE RITUAL

Light the **white candle** and straighten your posture as you do — let the act of lighting it be the same as **declaring your readiness to be seen in your full capacity**.

Brew or pour a small cup of **chamomile** tea and drink it slowly, allowing its calm to steady your nerves rather than diminish your ambition, because **clarity and courage are not opposites**.

Take the **moonstone** and hold it beneath the candle's light, turning it to find the glow beneath its surface — let this remind you that **the right kind of shine is already inside the work you do**.

State aloud, in one precise sentence, the professional achievement you are calling toward you — not a wish, but a declaration, spoken to the *Aries* full moon as if to someone who has the power to make it happen.

Place the **moonstone** at the base of the **white candle** and leave it there overnight, letting the diminishing flame mark the hours between intention and action.

YOU WILL NEED

white candle

moonstone

chamomile

♪ minimal focused ambient or slow ceremonial drumming