



FULL MOON IN ARIES · SATURDAY, 8 OCTOBER 2023

Libra

This ritual is about love and close partnerships.

There is a particular kind of courage required to remain open after the world has given you reasons not to be.

PREPARATION

Face west. Soften the room — dim the lights, remove anything that feels harsh or angular from your immediate space, and let the music begin before you bring in the ritual objects, so the atmosphere is already gentle when you arrive at it. Silence all notifications, because love — real love — requires the kind of attention you cannot give in fragments. Pour a glass of rosé or a warm, floral tea, cradle it in both hands, and take one slow sip before you begin, letting sweetness be the first thing you taste tonight. Close your eyes and picture the partnership you are calling in or tending to — not an idea of a person but a feeling: warmth beside you, the sense of being genuinely known, the ease of it. Open your eyes only when that feeling has moved from your mind into your body. The ritual begins now.

THE RITUAL

Light the **pink candle** and place it where its light reaches you fully — let it illuminate your face as well as your altar, because this ritual asks you to be **as present and visible to love as you hope love will be to you**.

Apply or diffuse a small amount of **ylang ylang** into the air of your space and breathe it in slowly, allowing its deep, floral warmth to **open the part of you that knows how to receive without guarding**.

Hold the **rose quartz** against your heart with both hands and stay there for as long as it takes to feel your own heartbeat beneath it — let this be a moment of simple, unperformed tenderness.

Speak aloud what you are ready to offer in partnership — not what you need, but what you bring — clearly and without diminishment, as an honest accounting for the *Aries* moon to witness.

Place the **rose quartz** beside the **pink candle** and let the last of the **ylang ylang** linger in the air as the candle burns, sealing the space with warmth, softness, and the particular gravity of genuine intention.

YOU WILL NEED

pink candle

rose quartz

ylang ylang

♪ chamber strings or soft piano, no lyrics