



FULL MOON IN ARIES · SATURDAY, 8 OCTOBER 2023

Sagittarius

This ritual is for romance, creativity, and joy.

Joy is not the reward for doing everything right — it is the frequency on which the right things arrive.

PREPARATION

Face south. Arrange your space the way you would for someone you wanted to impress — not stiffly, but warmly, with a little pleasure taken in the details. Silence everything that belongs to productivity and obligation, and let the music breathe into the room until it feels like something has shifted. Pour a glass of wine you actually love, or a tea that smells like something luxurious, and hold it for a moment with a small, genuine smile before drinking — because delight is not frivolous, it is the whole point of tonight. Close your eyes and let yourself feel joy without a reason for it — or picture a creative work that excites you, or a romance that makes you feel like the best version of yourself, and stay there until it becomes warm and specific and real. Open your eyes when something in you is laughing a little. The ritual begins now.

THE RITUAL

Light the **purple candle** and let yourself take genuine pleasure in the act — the strike, the catch of flame, the sudden shift in the room — because **creativity and romance both begin with the willingness to be delighted by small things**.

Hold the **lapis lazuli** in both hands and look at its deep blue and gold the way you would look at a painting that moves you, letting it remind you that **beauty is not incidental to a meaningful life — it is central to it**.

Light or crumble a small amount of **sage** and let its smoke or scent clear the space of anything that smells like duty, letting the *Aries* full moon's fire energy move freely through the room and through you.

Speak aloud one creative act, one romantic intention, or one source of joy you are giving yourself full permission to pursue — say it with pleasure, not apology, as a declaration to the open sky.

Set the **lapis lazuli** in the light of the **purple candle** and stay with the music for a few minutes, letting the ritual close not with solemnity but with the quiet, satisfied feeling of having said yes to something.

YOU WILL NEED

purple candle

lapis lazuli

sage

♪ gentle jazz or sensual acoustic strings